Guía del Estudiante de Intercambio **Exchange Student Guide**

VICERRECTORADO DE ALUMNADO E INTERCAMBIO

Oficina de Programas Internacionales de Intercambio

OPII



Oficina de Programas Internacionales de Intercambio

UNIVERSIDAD POLITÉCNICA DE VALENCIA





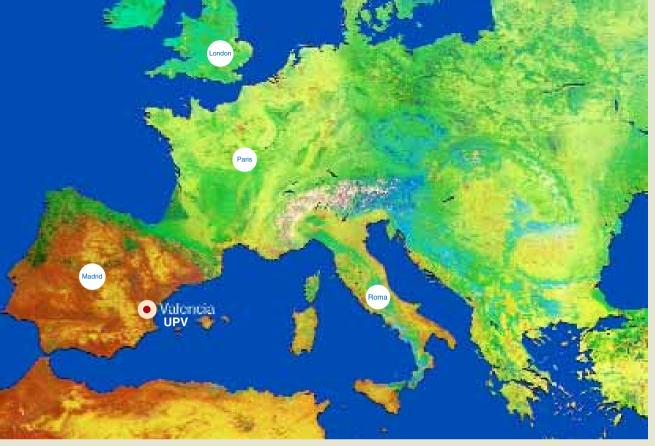


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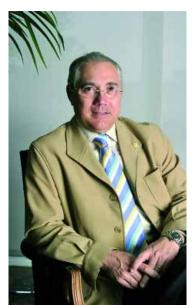
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Guía del Estudiante de Intercambio Exchange Student Guide

Exchange Student Guide







Welcome tho the Universidad Politécnica de Valencia

We are delighted you have chosen our institution, the Universidad Politécnica de Valencia to continue your education and we would like to give you our most sincere and warm welcoming on the behalf of our faculty and personnel.

At the Universidad Politécnica de Valencia we believe international exchange programmes are the appropriate means to extend and enforce human relations, through

Students from different countries and continents.

Furthermore, we are convinced these programmes contribute to improve cultural, scientific and technologic knowledge provided by all universities which participate in them.

For a young person, the possibility of continuing his education in a university abroad is an unforgettable and fruitful experience for a lifetime as a human being and as a Student, for a period of time the Student will be plunged in a different culture, society, educational system, and in many cases in a different language.

The Universidad Politécnica de Valencia is aware of the benefits that international exchange programmes bring. For this reason, we finance and encourage our Students to participate in them and we are very pleased to receive Students from other countries who approach us to other cultures and besides nourish our own one.

We welcome you and hope that your stay with us shall be as enriching as possible from the academic, social and personal standpoints.

Welcome!!!

Juan Juliá Igual U.P.V. President

Welcome Vice Rector of Students Affairs and Exchange

Dear Student.

First of all, I would like to welcome you to this university, your university. We hope that you find the study period that you are starting to be rewarding.

Here, at the Universidad Politécnica de Valencia, we will make our best efforts in order to achieve your effective integration into the university community. To accomplish this, I would like to inform you that at the Vice-Rectorate of Students Affairs and Exchange (V.A.I.) through the International exchange Programmes Office we will provide you with all the help that you may need when you arrive on campus (accommodation, information, etc.). As for administrative and academic matters, please report to the responsible for International

Relations in your Centre (School or Faculty).

Finally, I would like to inform you that we are here to help you, and for this reason we encourage you to let us know any problems that you may encounter, whether or not they are related with the university.

Welcoming you again to this university, your home, please accept our best regards.

JUAN MIGUEL MARTÍNEZ RUBIO
Vice-Rector of Students Affairs and Exchange



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The City of Valencia



he city of Valencia is the capital of the 'Comunidad Valencian' and the province of Valencia. It is located in the middle-east of Spain, on the shore of the Mediterranean Sea. The city is considered the third largest city of the Spanish State, according to its population rate, 1.500.000 inhabitants.

The province of Valencia has an area of approximately 10,807 km2. Inland, you can find mountainous areas whilst on the coast the land is completely flat, and has many beaches as well as a big lake called "La Albufera".

1.1 Origins

Valencia was founded by the Romans in 138 BC, and named "Valentia", which has remained up to the present day. Valencia has seen a variety of different cultures throughout its long history: The Romans, the Visigoths and the Moors made the city an important centre of culture and finance. In the year 1094, "El Cid Campeador" conquered Valencia from the Moors; however in 1102 it was re-conquered by the Moors. Finally in 1238, Jaume I de Aragon re-conquered the city for good.

During the 15th and 16th centuries, it became one of the great economic forces of the Mediterranean; this period is known as "Valencian Golden Century", which emphasises its artistic splendour. During the second half of the 19th century, Valencia became the bastion of Republican and Socialist ideas.

In the Civil War, it was converted into the Republican Capital after the removal of the government from Madrid (1937-1939). Since 1982 it has been the capital of the Valencian Region.

Nowadays Valencia is a modern and cosmopolitan city hosting many international events like the America Cup in 2007

1.2 Access to the City

The city has excellent transport links. There are different ways to access the city of Valencia.

Plane

The international airport of Valencia (VLC) is based in the town of 'Manises' which is about eight kilometres west of the city. The airport offers daily flights to major Spanish cities and overseas. There are also a great

number of flights which go to Barcelona and Madrid as a connection with other flights.

If you take a taxi from the city centre to the airport, it may cost you about 13, however this price varies, depending on the traffic or route taken etc. There is a new metro line (n°5) connecting the airport and the city centre.

Airport Information: © (+34) 961 598 500 © (+34) 963 709 500 • www.aena.es

Bus

There is also a bus route that goes to the airport; it is the yellow bus service from the CVT Company, bus number 30, which runs every day except Sundays and bank holidays. It costs 1.70 € and connects the airport and the bus station which is situated in c/ Menéndez Pidal 13. If you are going to use this service you can get information regarding the most convenient bus stops for you, by contacting.

Road network

Valencia is connected with the rest of Europe through the 'Mediterranean highway' (A-7 or E-15) and the national roads N-III (E-901), N-332, N-340 and N-234 connect the city with the rest of the country.

There are also daily bus services to the rest of Spain and Europe from the BUS station, which address is: Calle Menéndez Pidal 13, Valencia © (+34) 963 466 266

Trains

The main train station in Valencia is called 'Estación Del Norte' and the station is found in the city centre.

It offers daily train services to Spanish and European cities. The train service is run by RENFE company; the information phone line is: © 902 240 202

You can get to different parts of the province by using the Valencian public railway line (FGV). For further information, you can phone © (+34) 963 974 040 ¹ www.renfe.es

Sea connections

The port of Valencia is 4 km away from the city centre, it is very important in terms of trade and transport for travellers.

Further information: Maritime Station © (+34) 963 939 500 Maritime Company TRANSMEDITERRÁNEA: © (+34) 902 454 645 • www.transmediterranea.es

1.3 Weather

Valencia enjoys a mild temperate Mediterranean climate. The average annual temperature is 17°C with warm summers and very mild winters, rarely below 10°C. There is only light rainfall mainly in autumn and the beginning of spring.



Exchange Student Guide UPV

The Universidad Politécnica

2.1 A brief historical background

Our University is a young institution. Its history goes back only thirty years, even though some of its schools have existed for more than a century, as the School of Engineering Design, the Higher Polytechnic School of Alcoy and the Faculty of Fine Arts.

The University was founded in 1968-1969 with the creation of the Higher Polytechnic School of Valencia. However, it was not until the 11th of March 1971 when a decree gave the Higher Polytechnic School of Valencia the highest academic rank and our institution finally became the Universidad Politécnica de Valencia. From then on, several institutions were incorporated: The Faculty of Fine Arts, the School of Engineering Design, the School of Applied Computing Science., the Faculty of Computing Science, the School of Engineering in Geodesy, Cartography and Surveying and the School of Telecommunications Engineering.

The School of Alcoy became the Higher Polytechnic School of Alcoy in 1994, and in 1993 the School of Gandia was created and later became the Higher Polytechnic School of Gandia during the 1999-2000 academic year. The Faculty of Business Administration and Management started its activities during the same year.

Over 42,000 people have integrated our academic community: 37,800 of these are students, 2,600 are teachers and 1,700 belong to the administration and services personnel. The UPV is made up of 15 centres: ten schools, three faculties, and two higher polytechnic schools (Alcoy and Gandia). It is also formed by five associated institutions (the Technical School of Industrial Engineering, located at the Ford Motor Company in Spain; the Faculty of Business Studies, the Florida University Centre; and the Pax School of Tourism) and by one university extension.

The "Universidad Politécnica de Valencia" is comprised of three campuses:

Vera Campus (see page 42-43) Which is located in the city of Valencia.

Gandía Campus

Which is situated in the town of Gandía. (Province of Valencia).

Alcoy Campus

Which is situated in the town of Alcoy. (Province of Alicante).

2.2 How to get to the Vera Campus Site

The Vera Campus Site is located in the City of Valencia, on the Northern side at the beginning of the motorway that leads to Barcelona (A-7 or E-15).



2.3 Transport to Vera Campus

There are many forms of public transportations available which takes you on-campus:

The local bus company; EMT buses net, has eight routes, with bus stops in different parts of the city, which go to our Campus. The appropriate routes are:



9, 18, 29, 30, 31, 40, 41, 71

If you require further information on these services, telephone the EMT information line on: (+34) 963 158 515

You can also get on-campus via the metro line which runs from Ademuz to Doctor Llull, the UPV campus has four stops available:



Politécnica, La Carrasca, Tarongers, and Serrería





Exchange Student Guide UPV

2.4 Structure of studies

The 'Universidad Politécnica de Valencia' offers degree courses in the three different Spanish cycles or periods of higher education, which are regulated by the Spanish legislation. Additionally there is a comprehensive postgraduate offer of official Master degrees and postgraduate courses available.

First Cycle courses

The average period of these 'first cycle' studies is three years and, at the end of these studies a final project must be submitted. You will then obtain a degree in Technical Engineering or Technical Architecture with the corresponding major.

First and Second Cycle courses

The average period for these degrees is five years and you have to accomplish a final project for almost all of these degrees. At the end of these courses you gain a degree in Engineering, Architecture or a Bachelor with the major that corresponds to each of these.

Second Cycle courses

The average period for these degrees is two years and you must accomplish a final project for almost all of these degrees. To enrol in these courses it is compulsory to have completed First Cycle studies before hand. At the end of these courses you obtain a degree in Engineering, Architecture or a Bachelor with the major that corresponds to each of these.

Third Cycle studies

These degrees are Doctorates. A necessary prerequisite for one of these degrees is a Bachelor /Licenciatura, an Architecture degree or an Engineering degree. Once you have finished these studies you obtain the title of "Doctor" with the corresponding major. There are different doctorate courses that are supervised by different departments according to the major that is chosen. The minimum period of these studies is two years.

The structure of studies in Spain is now being reviewed and modified in order to meet the needs of the Bologna Process, which aims at offering a common frame of university degree structures in Europe. The Spanish University system is adapting to the European Space for Higher Education (EEES).

These adaptation results into a system based on two cycles, GRADUATE and POST-GRADUATE. After accomplishing the POSTGRADUATE level a student may obtain two titles, MASTER or DOCTORATE.

The new system is substituting the present one based on 3 cycles:

- First cycle courses
- · First and second cycle courses
- Second cycle courses
- Third cycle courses, (doctorado/scholar)

UPV has already launched the new Postgraduate Programmes as a result of this adaptation to the Graduate/Potgraduate System being adopted by all EU Members. Updated Information on the Postgraduate Offer in UPV is available in the Vice-rectorate for Research and Postgraduate Education web site (see 2.5 page 58).

2.5 Degree courses and majors at UPV

First and Second Cycle courses offered by Schools and Faculties of the Universidad Politécnica de Valencia are:

HIGHER POLYTECHNIC SCHOOL OF ALCOY

<www.epsa.upv.es>

Materials Engineer (1st Cycle)

Technical Engineer In Administrative Data Processing (1st Cycle)

Technical Industrial Design Engineer (1st Cycle)

Technical Telecommunications Engineer In Telematics (1st Cycle)

Industrial Management Engineer (2st Cycle)

M.A. In Business Administration And Management (1st & 2nd Cycle)

Technical Industrial Engineer In Chemical Engineering (1st Cycle)

Technical Industrial Engineer In Electrical Engineering (1st Cycle)

Technical Industrial Engineer In Electronic Engineering (1st Cycle)

Technical Industrial Engineer In Mechanical Engineering (1st Cycle)

Technical Industrial Engineer In Textile Engineering (1st Cycle)

HIGHER POLYTECHNIC SCHOOL OF GANDIA

<www.epsg.upv.es>

Technical Telecommunications Engineer In Electronic Systems (1st Cycle)

Technical Telecommunications Engineer In Telecommunications Systems (1st Cycle)

M.A. In Audiovisual Communications (1st &2nd Cycle)

M.Sc. In Environmental Sciences (1st & 2nd Cycle)

Technical Telecommunications Engineer In Sound And Image (1st Cycle)

B. A. In Tourism (1stCycle)

Technical Forest Engineer In Forestry Management (1st Cycle)

FACULTY OF BUSINESS ADMINISTRATION & MANAGEMENT

<www.ade.upv.es>

B.A. In Public Administration And Management (1st Cycle)

M.A. In Business Administration And Management (1st & 2nd Cycle)

FACULTY OF COMPUTING SCIENCE

<www.fiv.upv.es>

Computing Science Engineer (1st & 2nd Cycle)

M.A. In Documentation (2nd Cd)

FACULTY OF FINE ARTS

<www.bbaa.upv.es>

M.A. In Fine Arts (1st & 2nd Cycle)

HIGHER TECHNICAL SCHOOL OF GEODESY, CARTOGRAPHY & SURVEYING

<www.top.upv.es>

Technical Surveying Engineer (1st & 2nd Cycle)

Engineer In Geodesy And Cartography (2nd Cd)

UPV Exchange Student Guide

SCHOOL OF AGRICULTURAL ENGINEERING

<www.etsia.upv.es>

Agricultural Engineer (1st & 2nd Cycle) Forest Engineer (1st & 2nd Cycle)

M.Sc. In Food Science And Technology (2nd Cd)

M Sc in Biotechnology (1st & 2nd Cycle)

SCHOOL OF APPLIED COMPUTING SCIENCE

<www.ei.upv.es>

Technical Engineer In Systems Data Processing (1stCycle)
Technical Engineer In Administrative Data Processing (1stCycle)

SCHOOL OF ARCHITECTURE

<www.arq.upv.es>

Architect (1st & 2nd Cycle)

SCHOOL OF BUILDING MANAGEMENT

<www.etsge.upv.es>

Technical Architect (1stCycle)
Materials Engineer (2nd Cycle)

SCHOOL OF CIVIL ENGINEERING

<www.iccp.upv.es>

Engineer In Geology (2nd Cycle)

Civil Engineer (1st & 2nd Cycle)

Technical Engineer In Public Works. Especiality: Civil Construction (1st & 2nd Cycle)

Technical Engineer In Public Works. Especiality: Urban Transports And Services (2nd Cycle) M.Sc. In Environmental Sciences (2nd Cycle)

SCHOOL OF ENGINEERING DESIGN

<www.etsid.upv.es>

Industrial Management Engineer (2nd Cycle)

Technical Industrial Design Engineer (1st Cycle)

Technical Industrial Engineer In Chemical Engineering (1stCycle)

Technical Industrial Engineer In Electrical Engineering (1st Cycle)

Technical Industrial Engineer In Electronic (1st Cycle)

Technical Industrial Engineer In Mechanical Engineering (1st Cycle)

SCHOOL OF INDUSTRIAL ENGINEERING

<www.etsii.upv.es>

Materials Engineer (2nd Cycle)

Chemical Engineer (1st & 2nd Cycle)

Industrial Electronics And Control Systems Engineer (2nd Cycle)

Industrial Management Engineer (2nd Cycle)

Industrial Engineer (1st & 2nd Cycle)

SCHOOL OF RURAL ENVIRONMENTS AND ENOLOGY

<www.etsmre.upv.es>

M.SC. In Enology

Technical Agricultural Engineer In Agrarian And Food Industries (1st Cycle)

Technical Agricultural Engineer In Agricultural Farming (1st Cycle)

Technical Agricultural Engineer In Horticulture And Gardening (1st Cycle)

Technical Agricultural Engineer In Mechanisation And Rural Constructions (1st Cycle)

SCHOOL OF TELECOMMUNICATIONS ENGINEERING

<www.etsit.upv.es>

Telecommunications Engineer (1st & 2nd Cycle)

ASSOCIATED SCHOOLS

FORD ESPAÑA TECHNICAL SCHOOL (ALMUSSAFES)

Technical Industrial Engineer in Mechanical Engineering

LA FLORIDA UNIVERSITY SCHOOL

Technical Industrial Engineer

PAX UNIVERSITY COLLEGE

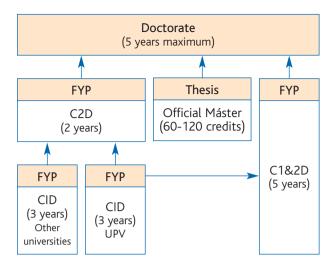
FACULTY OF BUSINESS STUDIES

XÀTIVA

UNIVERSITY BRANCHES

Professional Specialisation in Automatics and Electronic Systems Professional Specialisation in Wood and Furniture Products Design





C1D: First Cycle degree (3 years + Final year project)
C2D: Second Cycle degree (2 years+ Final year project)

C1&2D: First and Second Cycle degree (5 years + Final year project)
PFC: Final Year Project (Only Engineering and Architecture)

Official Postgraduate Studies

In the 2007/2008 academic year the UPV has implemented 44 official masters and 25 Phd programmes adapted to the European Higher Education Area. This offer has been established following the most demanding quality standards in the Spanish education.

The master programmes comprise from 60 to 120 credits delivered in one or two years. The corresponding fees are regulated by the government. All programmes are delivered by university lecturers and qualified professionals. They are classified by faculty, department or university research institute. To gain access to these studies, you must be in possession of a university degree. Phd studies consist on the presentation and defense of the Research Thesis.

These studies are related to different study areas such as food science innovation, engineering studies, information and communication technologies.

More information at:

Vicerrectorado de Posgrado y Formación Permanente Building 3A

* www.upv.es/posgradooficial vpfp@upvnet.upv.es



2.6 UPV Schools and Faculties

E. Politécnica Superior de Alcoy

www.epsa.upv.es

api-epsa@upvnet.upv.es Passeig del Viaducte, 1 03800 - ALCOY (Alicante) © (+34) 966 528 402 Fax (+34) 966 528 409

E.T.S.I. Geodésica, Cartogr. y Top.

www.top.upv.es

intergeo@upvnet.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 162 Fax (+34) 963 877 169

E.T.S.I. Agrónomos

www.etsia.upv.es

interagr@upvnet.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 132 Fax (+34) 963 877 139

E.T.S.I. Telecomunicación

• www.etsit.upv.es

apit@upvnet.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 192 Fax (+34) 963 877 199

E.T.S. de Gestión en la Edificación

www.etsge.upv.es

gi-arqt@upvnet.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 122 Fax (+34) 963 877 129

E. Politécnica Superior de Gandia

www.epsg.upv.es

relinter@epsg.upv.es Carretera Nazaret-Oliva s/n 46730 - GANDIA (Valencia) © (+34) 962 849 300 Fax (+34) 962 849 309

E.T.S. Arquitectura

www.arg.upv.es

rel.int.arq@upvnet.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 110 Fax (+34) 963 877 119

E.T.S.I. Caminos, Canales y Puertos

• www.iccp.upv.es

intaffai@upvnet.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 152 Fax (+34) 963 877 159

E.T.S.I. Industriales

• www.etsii.upv.es

intetsii@upvnet.upv.es Camino de Vera, s/n 46022 - VALENCIA ② (+34) 963 877 172 Fax (+34) 963 879 179

E.T.S. de Informática Aplicada

• www.eui.upv.es

eui-eras@upvnet.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 212 Fax (+34) 963 877 219

E.T.S. del Medio Rural y Enología

**\text{\text{dwww.etsmre.upv.es}} \text{interagr@upvnet.upv.es} \text{Avda. Blasco Ibáñez} \text{46022 - VALENCIA}

© (+34) 963 877 132 Fax (+34) 963 877 139

F. Admin. y Dirección de Empresas

www.ade.upv.es

intade@ade.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 879 270 Fax (+34) 963 879 279

Facultad de Informática

• www.fiv.upv.es

relintfi@inf.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 203 Fax (+34) 963 877 209

E.T.S.I. del Diseño

• www.etsid.upv.es

relint@etsid.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 182 Fax (+34) 963 877 189

Facultad de Bellas Artes

• www.bbaa.upv.es

relinbaa@upvnet.upv.es Camino de Vera, s/n 46022 - VALENCIA © (+34) 963 877 222 Fax (+34) 963 877 941

2.7 Lifelong learning

Master Courses and livelong training courses

The Universidad Politécnica de Valencia offers through the Continuous Training Centre more than one hundred master courses aimed at graduate students and experienced professionals. A Master course consists of 50 credits and the university Specialist is 20 credits worth. This Centre also offers more than 1.300 courses to complete the educational offer of this University.

More information at:

Continuous Training Centre

• www.cfp.upv.es cfp@cfp.upv.es



2.8 Spanish courses for exchange students

The Applied Linguistics Department of the UPV offers the course: "Spanish as a foreign language", to exchange students who wish to study Spanish. There are four levels, so all students must do an exam in order to see that you are placed in classes which suit their adequate level of Spanish knowledge. Enrolment for this course is free of charge for the foreign exchange students of UPV. Students who pass the final examination will obtain the corresponding credits, which will appear in the exchange certificate. The Applied Linguistics Department also organises, with the Centre of Postgraduate Education other extra courses to study Spanish as a Foreign Language. But to enrol onto these courses students must pay the corresponding fees. At the end of the courses students will also receive a certificate.

2.9 Grading system

The mark scheme is the same awarded throughout the whole of Spain. The marks range from 0 to 10 points, as follows.

GRADING	MARK
Fail / Suspenso	< 5
Pass / Aprobado	5 < 7
Satisfactory pass / Notable	7 < 9
Good pass / Sobresaliente	9 < 10
Distinction / Matrícula honor	> 10

Marks 5 and below indicates a fail, anything above a grade 5 is a pass.

2.10 Language of Instruction

The majority of the courses in the UPV are taught in Spanish there are also courses taught in English and in Valenciano.

2.11 Courses in English

At the Universidad Politécnica de Valencia the vast majority of lessons are taught in Spanish. But the UPV has recently introduced a number of subjects taught in English during the recent academic years. More than 140 English courses were introduced to our university during 2007-2008. More information about these courses can be found at the English version of the Office of International Exchange Programmes.

• www.opii.upv.es



3.1 Vice-Rectorate of Students Affairs and Exchange (VAI) and Office of International Exchange Programs (OPII)

The Office of International Exchange Programs (OPII) Main task is to make sure that foreign students, who are studying in the "Universidad Politécnica de Valencia" under exchange programmes, do not have any problems adjusting to the university community and lifestyle.

The services offered by this office are:

- Welcoming students into the UPV.
- Providing students with a Welcome package and information.
- Offering advice and help in finding accommodation.
- Providing students with information on tourist activities.
- Organising the orientation sessions.

To be able to co-ordinate the arrival of the exchange students in the best way, under different programmes of existing international co-operation, the students should contact the co-ordinator of international programmes at the school or faculty where they have been admitted (see 2.6). For further details contact the OPII office:

Vicerrectorado de Alumnado e Intercambio (VAI) Oficina de Programas Internacionales de Intercambio (OPII) Building 3C

© (+34) 963 877 002 Fax: (+34) 963 877 719 † www.opii.upv.es opii@upvnet.upv.es

3.2 Mentor Programme

Incoming students asking for a mentor in their online application are assigned to a UPV student to help them to get acquainted with the university and solve any problems that might arise during their stay here at the university.

3.3 Orientation Sessions

The Office of International Exchange Programs (OPII) organises every term, an Orientation Session for incomings students under exchange programmes attending the UPV. During these sessions, we try to introduce the students to the university community and provide information about facilities and services offered within the UPV, such as sport facilities, library, cultural activities, Spanish language courses, etc., as well as general information about the city of Valencia. These Orientation Sessions will take place one week after the start of the term.

3.4 Accommodation

The Office of International Exchange Programs (OPII) provides help and information on accommodation. We give information about youth hostels which have been recommended by students themselves, prices of our on-campus hostel, Colegio Mayor Galileo Galilei, and local hotels. Also during the welcome meeting that students attend when they arrive at the UPV we give an updated list of flats which is found on the English version in our website:

• www.opii.upv.es

There are various types of accommodation you could choose while staying at Valencia:

Accommodation upon arrival

Before you arrive in Valencia, we suggest you to book a room at a hostel or residence, so that you have a place to stay during the first few nights, until you find permanent housing, because due to so many students arriving at the same time the hostels tend to become fully booked, so to avoid this problem we suggest you book before your arrival to Valencia. There are many close hostels and residences, for more information on location, prices and booking we recommend the following websites:

• www.turisvalencia.es

The most recommended youth hostels are:

INDIGO YOUTH HOSTEL

Guillem de Castro, 64
Valencia 46001 España
© (+34) 963 153 988

• www.indigohostel.com

NEST YOUNG HOSTEL

C/ La Paz, 36 Valencia 46003 España © (+34) 963 427 168 * www.nestyh.com

a) Sharing a flat with other students

This is the most popular choice for students simply because it's the cheapest choice and has the feel of greater independence. You can share a flat with either Spanish or foreign students.

The average price of a rented flat usually ranges from 100 to 190 € per month/person, which does not include bills such as water, gas and electricity. When renting a flat you will always have to pay a deposit equivalent to a month's rent, and this is to cover possible damage costs.

This Deposit is refundable when your rent contract finishes.

Students are advised to look around the flat and their bedroom before agreeing to rent anything or signing any contracts. We also advise students to make sure that you fully understand the terms of the agreement put forward in the rent contract.

The Information office has a guide including legal information about renting. There is also a legal advisor in the students house at the students disposal.

b) Staying with a family

Choosing to live with a Spanish family usually consists of a 'full-board' accommodation, which is three meals a day, or a 'half-board' accommodation, which offers two meals a day. The monthly price is approx 450€ for full-board accommodation, and approx 325€ for half-board accommodation. More options are available for facilities such as washing and ironing of clothes.

More information available is the Information Office web site:

www.info.upv.es in the accommodation sectio.

c) Halls of residence/Student Halls (Colegios Mayores)

These are private halls where you can rent a bedroom. 'Full-board' and 'Half-board' accommodation options are also available. The 'half-board' accommodation includes two meals a day and 'full board' accommodation includes three meals a day. For a full year the prices normally range as follows:

- Single bedroom, full board: 580€ / month
- Double bedroom, full board 530€ / month
- Single bedroom, half board: 500€ / month
- Double bedroom, half board: 400€ / month

If the room is only rented for a week or month, the prices may differ.

We also have a Hall of Residence which can be found on-campus called 'Colegio Mayor Galileo Galilei', available for students to rent

rooms, even if students are only looking to stay one night. Galileo Galilei can be found on our campus map as building 6B.

Colegio Mayor GALILEO GALILEI

Avda. de los Naranjos, s/n Campus UPV 46022 Valencia (España)

© (+34) 963 352 000 Fax: (+34) 963 551 213 *\text{\ti}\text{\texi{\text{\text{\texi\text{\text{\texi\texi{\text{\ti}\tiex{\text{\texi\text{\text{\text{\text{\text{\text{\text{\tet

3.5 Academic calendar

Classes at the UPV normally begin late September, so it is important that students clarify dates with their head of department of the school in which they have been accepted, before arriving in Spain, since enrolment dates vary depending on the school, faculty and degree.

Classes

First Semester

Start end of September Finish end of January

Second Semester

Start beginning / Middle of February Finish middle of June



Examination Sessions

At the end of every term there is a three week examination period. During the academic year there are two examination sessions (the 'ordinaria' and the 'extraordinaria') for the evaluation of various subjects.

First Semester courses

"Ordinaria" examination session: at the end of the first semester.
"Extraordinaria" examination session:

at the end of the second semester.

Second Semester courses

"Ordinaria" examination session: at the end of the second semester.

"Extraordinaria" examination session: the first fortnight in September.

Holiday Periods

Throughout the year there are three holiday periods:

Christmas

Start 24th December Finish 7th January

Easter (approx. 11 days)

Dates vary

"Fallas" (Local Valencian Festival *)

Start 16th March Finish 20th March

(*) These dates are different for the Campuses of Alcoy and Gandia.

Updated information on every year calendar is available at:

www.upv.es/perfiles/estudiante/calendario-academico-es.html

3.6 First visit to the Universidad Politécnica de Valencia

Once you have arrived on-campus you need to go to the *International Office of the UPV School* or *Faculty* where you have been placed (see 2.6). There you will be provided with an information packet which covers information about the university, the city, transportation, accommodation and foreign visa extents, you will also receive information on the registration process and will be provided with your student card, a login and password and a personal student email address.

If you were required a STUDENT Visa for your entry in Spain, in the International Exchange Programmes Office (OPII) you will find a Residence Permits Service providing advising on these matters (see 6.2).



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he UPV provides visiting students with the assistance of the different UPV services in order to help the student integrate in the University community.

4.1 Information office

The Information Office is located at the Ágora, on the ground floor, Building 3H on our campus map. You can find all sorts of information there, institutional, academic, tourism, etc. The office offers you information concerning nearly everything, such as ways to access university, academic and cultural activities that take place at the Campus, national and international grants, courses ... They daily update a database of flats to share or rent, halls of residence and other information about accommodation.

The Information Office will also take care of any lost and *found objects* found on the Campus.

Área de Información Building 3H

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© (+34) 963 879 000 Fax: (+34) 963 879 009 † www.info.upv.es/ información@upv.es

4.2 Central Library

The central library is located on the map as building 4L.The library contains all the necessary materials for the study of every degree course, such as books, maps, audiovisual equipment, etc, all can be taken on loan by presenting your UPV Student Card. In our library we offer computers with free Internet connection for all Students; there are also laptop connectivity ports available.

Our internet address is:

www.upv.es/bib

We also have a general reading room, situated in the library.

Opening times are

Monday to Friday, from 7.30 am. to 9.45 pm. Saturday, Sunday and Bank Holidays, from 8 am. to 8.45 pm.

Opening times during exams period

Monday to Friday, from 7.30 am. to 4 am. Saturday, Sunday and Bank Holidays, from 8 am. to 4 am.

Also the following Schools have their own library:

- Faculty of Computing Science
- Faculty of Fine Arts
- Higher Polytechnic School of Alcoy (located at Alcoy Campus)
- Higher Polytechnic School of Gandia (located at Gandia Campus)
- School of Agricultural Engineering
- School of Applied Computing Science
- School of Building Management
- School of Engineering Design
- School of Industrial Engineering
- School of Rural Environments and Enology (located at Blasco Ibañez Avenue)

Also there are two **study areas**:

- Sala de lectura Ferrándiz, located at Alcoy Campus
- Sala de lectura of the School of Telecommunications Engineering, on Vera Campus

Biblioteca GeneralBuilding 4L

© (+34) 963 877 080 Fax (+34) 963 877 089 [↑] www.upv.es/bib biblio@bib.upv.es

Newspaper library (Hemeroteca)

The newspaper library ('Hemeroteca') contains scientific and standard technology magazines relating to the areas of knowledge dealt at the UPV. The Hemeroteca is located on the first floor of the Central Library.

There is a computerised log of all the bibliographical information available in each magazine, i.e. their listing and classification by subjects. This catalogue can be obtained by typing in the title, words of the title, the subjects or the authors/publishers.

Opening hours:

Monday to Friday from 8.00 am. to 20.45 pm.

Scientific documentation service:

Located on the first floor of the Central Library, its aim is to facilitate access to library references. It provides Magazine references, easy access to information through connection to the library data base, consultation of the database through CD-ROM.

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Opening hours:

From Monday to Friday, from 10.00 to 19.00 hours.



4.3 Leisure and Cultural

During each academic year, the Vice-Rector for culture of the UPV organises different activities in which the foreign students can participate with the rest of the UPV students and University community.

Among these activities the most popular are. Leisure Workshops:

- Ballroom Dancing Ceramics Photography
- Tai-chi Theatre Video and cinema
- Yoga Cinema premiers
- Conferences/meetings
- Concerts: Classical, Jazz and Blues

Other activities:

- Exhibition room (Timetable: 11 am. to 2:00 pm. and 5:00 pm. to 8:00 pm.)
- Sculpture museum, open air on the Vera Campus Site
- Toy Museum on Vera Campus
- Publications: Art, Project and Ideas

There is periodical publication of the detailed programmes of cultural activities in the UPV

Vicerrectorado de Cultura Building 3A

(+34) 963 877 005
 Fax: (+34) 963 877 905
 www.upv.es/vc → vc@upvnet.upv.es

4.4 Sports

The Universidad Politécnica promotes a full range of sports at different levels through our on-campus Sports Area. The Vera Campus Site has excellent sport facilities available for all UPV students, such as the indoor heated swimming pool, football and rugby pitches, four tennis courts, two racket ball courts, two squash courts, three sports basketball courts, five-a-side football, handball and volleyball, a gym for weight training, aerobics, and keep fit,

the martial arts of Tae Kwon-do, Aikido, Karate and Judo, a table tennis room, etc. Access to these facilities is regulated by the "Area de Deportes".

Throughout the academic year, individual sport tournaments are organised, such as tennis, table tennis, badminton, racquetball, squash, and chess. Team leagues are also organised between the different UPV faculties, such as football, five-a-side football, handball, volleyball, rugby, etc.

Other competitions in which the UPV takes part are the inter-university tournaments between area leagues, Spanish university championships, inter-university championships, international university championships, etc.

The Sports Club of the UPV has a mountain club which offers activities including mountaineering, trekking, abseiling, climbing. We also have a scuba-diving club which offers diving lessons, diving orientation, practice trips, etc. UPV also offers Cycling, water polo, swimming clubs, etc.

Sport activities

- Gym: Keepfit and Weight training
- Aerobics, Step, Bars training, Rithms, Aerobox
- Martial Arts: Tae Kwon-do, Karate, Judo, Aikido
- Mountain sports UPV cycling club
- Sailing courses and motor boating
- Tennis lessons Ski courses
- Valencian Football supporters club
- Valencian Basketball supporters
- Games Club Sports Federation
- Circuit training Fitness Etc.

Área de Deportes Building 3A

© (+34) 963 877 004

† www.upv.es/adep
deportes@upvnet.upv.es

4.5 The UPV doctor's surgery (Gabinete Médico)

On the Vera Campus Site, there is a doctor's surgery available, situated on our map as building 6E.The clinic is opened from Monday to Friday, from 8.00 a.m. to 8.00 p.m. There is no medical service at UPV during weekends. This service is here to help students with any health problems whilst they are on-campus. After your check-up if necessary our "Gabinete Medico" may transfer you to another health centre or hospital that specialises in your particular problem.

For non-emergency situations, you can reserve your appointment with the Doctor, via Internet or by phone.

To locate these services, consult the map of the Vera Campus Site. If you would like further information on this service contact.

Gabinete Médico UPV Building 3A

© (+34) 963 877 007

† www.upv.es/entidades/cslip

4.6 Facilities for disabled people in the UPV

The Universidad Politécnica is aware of the need to integrate people with physical disabilities into the university, and we wish to do this with as much ease as possible, UPV therefore has created facilities for the use of disabled people so that they can move around as easily as possible, for example in wheelchairs.

The CEDAT Foundation was born in the midst of the UPV due to its rector-ship initiative. This centre became a tool for disabled people who study and work at the university as well as for those who are foreign to it, so that they can receive advice and information. Furthermore.

it gives rise to all kind of actions to ease the social and labour integration of disabled people from the Valencian Community.

CEDAT Foundation is based on Vera Campus Site of the UPV.

Fundación CEDAT-SISLPD Building 9E

© 963 877 036 Fax 963 877 917 *\text{\tinx}\text{\tinx}\text{\tiliex{\text{\texi}\text{\texi}\text{\text{\text{\text{\texi}\tex{\text{\text{\text{\texi}\tinz}\text{\text{\text{\texi}\text{\tex

4.7 Computer service

Here at the Universidad Politécnica we work on a networked intranet system called "upvnet". This system is used throughout the whole university community, we offer updates on news, programmes, courses and your personal email. Our computer systems are constantly updated, and new technologies are always incorporated into our systems. We provide every student with their personal UPV email, user name and password once they have enrolled, so that every student has access to the internet. The email service is free of charge so that students can keep in touch with their friends and family from home without any problems. Every department and school oncampus has a computer lab where 'upvnet' can be accessed, and we provide Wireless ports everywhere on-campus. Our network can also be accessed from off-campus, by visiting our UPV website: www.upv.es

For further information:

ÁREA DE SISTEMAS DE INFORMACIÓN Y COMUNICACIONES

Building 4L

© (+34) 96 387 70 70 % www.asic.upv.es asic@upv.es

Exchange Student Guide UPV

4.8 Student's union

Our students union is located beside our main library; you can find our union "Delegación Del Alumnos" on our map as building 4K. Our students union is available to all UPV students and plays a leading role in promoting and carrying out university activities, as well as defending the rights and interests of all students, collectively or individually, in matters which have to be put forward to the University authorities. Also in this building there are computer labs where students have free internet access, have cafes, televisions, games and sofas for students to relax.

Delegación Central de Alumnos Building 4K

© (+34) 963 877 408 dwww.upv.es/dalum dalum@upvnet.upv.es

4.9 The A.E.G.E.E. Association of Valencia

The A.E.G.E.E is located on the 3rd floor of the Students Home. This is the acronym for the Association des Etats Généraux des Etudiants de l'Europe which is apolitical, non-religious and non-profit making organisation, whose main objective is to promote European co-operation and integration within the university environment. They make up part of the AEGEE-Europe network, founded in 1985, which at the moment has more than 15.000 members in more than 150 university cities within 43 countries in Europe.

In order to create a European awareness between the students, they organise different activities throughout the year to promote the knowledge of the diversity of European cultures, as well as awareness of European mobility. They organise local activities as well (travels, conversation exchange...)

We advise foreign students to contact this association once in Valencia, so they can get to know the activities and get involved in the university community.

AEGEE-Valencia Third floor of the Students Home (Casa del Alumno) Universidad Politécnica de Valencia

© (+34) 963 879 407 Ext 79730 † www.aegee-valencia.org aegee.valencia@gmail.com

4.10 Students home

The UPV offers students the "Casa Del Alumno". Located in building 4K on the map. The Students Home is managed by Students. It's opened 24 hours a day. It organizes all sort of different leisure activities, they vary from evening film show to picture shows, conferences, workshops, journeys... Also there are several Rooms such as Computer rooms, leisure rooms, meeting rooms, and study rooms.

You can contact the at:

Casa del Alumno Building 4K

© (+34) 963 879 405

† www.casadelalumno.upv.es
casalum@ddaa.upv.es

4.11 University Guardian

The tasks of the University guardian include providing students with information regarding student rights of the members of the university community, and mediating in case of conflicts. The guardian accepts views on how the university should work and may submit formal complaints which have not been attended by the relevant university authorities, may search information on issues raised by any of the academic and

administrative authorities, and proposes that the authorities modify their resolutions, if the case is adequately justified. Our university guardian does not accept anonymous complaints but all counselling is completely confidential.

You can contact the at:

University GuardianBuilding 3H

© (+34) 963 877 045 defensor@upvnet.upv.es

4.12 Language laboratory

The UPV Applied Linguistics Department has introduced language labs which are used for teaching languages. The laboratories contain the necessary equipment for the audio visual learning and self-teaching of many langu.

There are individual booths where students can follow language courses with books and CDs privately. There are also video libraries where you can find specialised, educational videos and subtitled films available in different languages.

Finally, there are computers which allow you to carry out different programmes for the teaching of languages.

All use of the laboratory, its material and the watching of videos is totally free for all students and UPV personnel:

For further information:

Applied Linguistics Department Building 8K

© (+34) 963 877 530 † www.upv.es/dla depidm@upvnet.upv.es

4.13 ICE and GOPU

The ICE offers courses and workshops for all UPV Faculty about lectures methods, investigation and education. Also, the ICE coordinates the education system prior to enter university. Services offered by the ICE:

- Innovation training and support
- Assessment
- Psychopedagogical Orientation

The GOPU helps students with all aspects relating to their learning and personal development. It regularly holds personal development workshops, which can be validated as credits. These workshops are completely free of charge.

Instituto Ciencias de la Educación (ICE) Building 8H

© (+34) 963 877 094 [⊕] www.ice.upv.es ice@upvnet.upv.es

4.14 Employment service

This service aims to make finding employment easier for UPV graduates to find a place in the labour market once they finish their studies. Several units make up this service. The Practical Placements Unit (UPE) promotes practical placements for students in institutions and private companies. The Employment Information and Orientation Unit (COIE) offers advice and additional training. The Direct Employment Unit (UDE) manages employment on offer and on demand for graduates.

Servicio de Empleo

Building 6G

UPE: € 963 877 887 COIE: € 963 877 010 UDE: € 963 877 888 ⊕ www.sie.upv.es sie@upvnet.upv.es

4.15 Other services in the Vera Campus Site

Snack bars and restaurants

There are seven cafeterias on our campus that serve food throughout the day. Which are open from 8:00 am. to 8:00 pm. There are set menus for around 4.50€ from which the students can choose a first and second course, plus a salad, bread, a drink and a dessert are included. Meals vary throughout the week, in order to provide a balanced diet, and a variety of choice.



Location: Building 6E. It is in charge of ecological quality of materials supplied for use in the UPV, and the disposal of waste produced within the UPV. It also assesses the UPV in everything related to ecology and environment.

Crèche

Location: Building 1B. The nursery is run by specialised teachers and has the technical assistance of the "Gabinete Medico" of the university; it is open to students and staff children of pre-school age.

Photocopying service

Location: Building 2F, on the First floor, in the area Agora. This building provides photocopying machines for the use of the university community.

Opening hours for this shop are as follows: Monday to Friday from 8:00 am. to 8:00 pm. There are also other photocopying machines located throughout the university.

Book and stationary shop

This store is where you can purchase all your books related to the UPV degrees, stationery materials are also available.

Opening times throughout the year are as follows: Monday to Friday 8:45 am. to 2:00 pm. and 3:45 pm. to 7:00 pm., Saturdays from 10:00 am. to 12:00 pm.

This is situated in the Agora on the Vera Campus Site.





Travel Agency

There are two travel agencies on Vera Campus, both offer discount prices for UPV Students and Staff.

Agencia de Viajes TUI, located at the Ágora. € (+34) 963 877 015

Agencia de Viajes MAPFRE Located at the Galileo Galilei Premises (Building 6B).

Photo Shop

It is located at the Ágora. You can get photos developed and buy photographic material here and it has special prices for the university community. The photo stores timetable is as follows: 8:45 am. to 1:45 pm. and from 3:45 am. to 7:00 p.m. and on Saturdays from 10:00 am. to 12:00 am.

Hair dressers

This fully equipped hairdresser offers special discount prices for our students. It is located at the Agora on Vera Campus Site. Its timetable is as follows: from Monday to Friday 8:00 a.m. to 7:00 p.m. and Saturdays from 10:00 a.m. to 12:00 am.

Newsagents / Kiosk

At this kiosk you can buy from newspapers and magazines to Bus passes and refreshments. Other similar things are also offered, this kiosk is situated at the Agora on Vera Campus Site. The Timetable for this store is as follows: Monday to Friday 8:30 am. to 2:00 pm. and 3:45 pm. to 7:00 pm.

Bazaar

It is situated at the Agora on Vera Campus Site. It offers sports equipment and UPV souvenirs.

The timetable is: 8:45 am. to 2:00 pm. and 3:45 pm. to 7:00 pm. and Saturdays from 10:00 am. to 12:00 pm.

Ban Ban

There are three banks located at the Agora on Vera Campus Site and one at the 'Galileo Galilei' premises. They are open from Monday to Friday 8:15 am. to 2:30 pm. There are also cash point machines available whist the Vera Campus Site is open.

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Living in Valencia



5.1 Public Transport Within the City

The Municipal Transport Company EMT runs the bus service in the city. There are over 51 routes connecting different zones. All the EMT buses are red coloured. A bus ticket costs about 1.00, which you pay as you get on. You can buy a "Bono-bus". Which is simply a bus voucher; these vouchers are available in most tobacconists and newsagents. The "bono-Bus" ticket will give you ten journeys for about 5.75 €.

The timetable can vary from route to route, but they normally run from 5:30 am. to 11:00 pm. they run approximately every 10 to 20 minutes. Also, there is a night bus service (seven routes), available from 11.00 am until 3.00 am, which runs every 45 minutes.

EMT service also publishes a map of the city which shows all the routes their buses take, timetables and other useful information.

There is also a bus service for disabled people. For further information phone: © (+34) 963 158 525

The buses which go to the Vera Campus Site are: 9, 18, 29, 30, 31, 40, 41 y 71

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Metro

The city of Valencia has a Metro network of five lines which connect different parts of the city. It runs from 5:00 am. to 11:00 pm. Line 4 is a modern Tram, which runs by our Campus de Vera.

You can buy a single ticket at any station, normally the ticket costs approximately 1.20€, if you are going to travel within the urban zone. You can also get a ticket which lasts for 10 Trips called a "Bono-metro", these tickets can be bought at any metro station, most Kiosks and Tobacconists. The prices range from 5.40€ if you are staying inside one zone, to 15.90€ depending on the zones you are travelling to.

There is a 30-days Card, called TAT, which can be used for Metro only; this ticket offers unlimited trips in the zone you required.

The price ranges from 32 to $55 \in$, depending on the zones you are going to travel to. The prices for Carnet Jove or Under 25 Card holder are cheaper and range from 24 to $41.25 \in$.

For further information, phone:

((+34) 900 46 10 46.

• www.metrovalencia.com

Combined ticket

Combined tickets allow travelling on the EMT bus service and the FGV tram and metro lines, within the "urban zone" of central Valencia. There are different kinds of tickets available:

- B-10: The B-10 allows 10 journeys by bus, metro or tram.
- B-30: a thirty-days unlimited trips Card, by bus, tram or metro. Price 32€. If you are a Carnet Jove or el Under 26 Card holder the cost of the card is 24€.
- T-1: a one-day unlimited trips Card, within Zone A. Valid for bus, tram or metro, costs 3€.

You will find more information in the metro information desks and at:

• www.metrovalencia.com

→ Ta

Different companies offer a taxi service. Prices vary depending on the zone and distance. The price shows up on the taximeter. Minimum charge is 1.80€.

The main taxi companies which operate in Valencia are:

Radio-Taxi: © 963 703 333 Tele-Taxi: © 963 571 313

5.2 Places to visit in Valencia

In the first visit to the International Exchange Programmes Office (OPII) we provide students with a tourist guide published by the Agencia Valenciana de Turismo inside the student welcome packs, where they will find detailed information about monuments, gardens, museums and other interesting places to visit here in Valencia.

Monuments

Valencia is a city with a great cultural interest where one can find ancient monuments such as El Palacio de la Generalitat , El Miguelete , La Lonja , Torres de Serranos , Torres de Quart, the Central Market, The Cathedral along with many other historical places like The Round Square Plaza Redonda , Plaza del Ayuntamiento (City Hall Square) and the Old city ...

Museums

The most important museums are:

- Valencian Institute of Modern Art
- XIX Century Museum Museum of Fine Arts
- National Ceramics Museum
- The Cathedral Museum
- Museum of Palaeontology
- Museum of the Patriarch
- Prehistoric Museum Museum of "Las Fallas"
- Museum of Craftsmanship
- Municipal Museum of History
- Maritime Museum Museum of the City
- Museum of Ethnology Science Museum



Exchange Student Guide UPV

UPV Exchange Student Guide

Other interesting places to visit

The City of Arts and Sciences, 21st century emblem of the Valencian Community, is designated as a fun, leisure space. It is a unique place in the world to enjoy yourself with Art, Science and Nature.

The *City of Arts and Sciences* is situated next to the old bed of the river Turia, in the area between the Saler highway and the Moreras road; with a surface of 350.000 m². It has four great areas: the *Art Palace*, a plurifunctional building for the development of cultural activities of all kinds; *L'Hemisfèric*, Cinema-Planetarium with the latest technological systems; the *Science Museum*, that will house exhibitions of subjects related to science and leading technology; and the *Universal Oceanographic Park*, a big urban park with two aims: first, intended for promenade and relax, and second, for leisure and fun with the diffusion of underwater principal aspects.

All around the city one can also find many gardens and green areas to enjoy leisure such as *Los Viveros*, El *Jardín Botánico*, el *cauce viejo del Rio Turia* ...



Foto cedida por turisvalencia

5.3 Beaches

In the Valencian Region there are 485 kilometres of coastline. Beaches of all kinds can be found from very long straight beaches to those in small coves or inlets. The sand is fine and golden and, on some beaches you can find fine, clean gravel. All beaches have a splendid climate and light.

In the north of the port of Valencia are the beaches of "Levante", "Arenas" and "Malvarrosa", the closest ones to the city, and the easiest to get by public transport. Typical restaurants can be found here, where you can taste exquisite Valencian dishes.

In the south of the city, there is the beach of "Pinedo". About eight kilometres away is the beach of

"El Saler", which is situated in an area of great ecological interest, with the "Albufera lake", extensive pine trees, and one of the most prestigious golf courses in the country.

All along the coast of Valencia you can find beaches distinguished by the blue flag of the European Union, thus showing their cleanliness and quality of services.

5.4 Sports

Besides the sport facilities that can be found on-campus at the "Universidad Politécnica de Valencia", the city of Valencia offers sport centres all over the city. Among the most important sport centres are: El antiguo cauce del río Turia, Local sport centre "Doctor Lluch", Local sport centre of the "Fuente de San Luis", Parque municipal de la Dehesa de el Saler.

Besides these, there are specific centres to practise fencing, bowling, swimming, skating, "frontennis" (a Spanish game), tennis, gymnastics, and martial arts, etc.

To check further details on what's available:

FUNDACIÓN DEPORTIVA MUNICIPAL

• www.deportevalencia.com

5.5 Cultural life

Valencia is home to numerous cultural activities. Theatre is a popular form of entertainment here at Valencia; you can find theatre plays of different types. In the city, there are theatres such as: El Centro Dramático de la Generalitat Valenciana, la Sala Escalante, el Teatro Principal, el Teatro del Micalet, el Teatro Olympia, el Teatro Talia, etc.

The "Palau de la Música" offers classical music concerts regularly during the year. Once a year, the "Certamen Internacional de Bandas de Música" is held, this Festival keeps a great tradition alive all around the Valencian Province.

Pop-rock music concerts are also popular, where a large variety of Spanish and International artists perform live music. Art lovers ought to visit museums or a large number of art galleries where temporary exhibitions are held, because there are a large number of these activities going on locally.

5.6 Night life

Night life in Valencia is very exciting and popular. Valencian nights, famous world-wide, offers entertainment and catering for every taste. There are a lot of places of leisure: pubs, cafeterias, discos, night clubs, dance halls, etc.

People often go out around midnight and get back home at dawn in Valencia. Maybe this is due to the good weather which lasts all year long. This atmosphere encourages people want to take advantage of going out in cafes, discos, dance halls, and even outdoors.

The places below are recommended night life places:

- Barrio del Carmen Plaza Xuguer
- Avenida Blasco Ibañez Calle Juan Lloréns
- Avenida de Aragón La Playa
- Plaza de Cánovas Zona Alameda

5.7 Local festivities

Valencian people are outgoing, generous and love street parties. The basic ingredients of Valencian parties and festivals are light, gunpowder, fireworks, parades, music, etc.

'Fallas' is our main Valencian festival. It takes place once a year from the 12th to the 19th of March. The rich explosions of colours, noise and the smell of gunpowder fills the streets of Valencia. Huge artistic monuments are designed and made called 'Fallas', they have plenty of colours and satire, and they're all around the city streets. Loud festival music and people dressed with typical costumes parade through the streets. Magnificent fireworks, together with "Mascletas" (daytime fireworks displays) and the flowers' gift to the Virgin Mary 'Virgen de los Desamparados' are important events which are interesting to see. Hot chocolate with "buñuelos", a typical kind of Spanish cake are typical at this festival. On the 19th of March, all the monuments 'fallas' are burnt, and the experience is unforgettable.

Useful information



6.1 Health Insurance

European Students are covered by the European Health Card, Form E-128, or E-111, which are all issued in the country of origin.

There are other countries that are not part of the European Union but the Spanish State has made health agreements with, as: Andorra, Brazil, Chile, Ecuador, Panama, Paraguay, Peru, Sweden and Morocco, etc. In these cases, you will have to contact the Spanish Embassy in order to obtain further information.

If you are not interested in the previous option (Public health System) or if you come from another country, you can obtain a private health insurance which will cover you in Spain. The cost may vary, as it changes according to the service obtained.

It is very important for the student to clarify health insurance conditions before leaving his country. The 'Universidad Politécnica de Valencia' *will not admit* students if they do not produce their medical insurance documents.

6.2 Residence permit: Visa

The Office of International Exchange Programmes (OPII), at the Universidad Politécnica de Valencia, offers a service to regulate the stay of the Students in Spain.

If you are not from Austria, Germany, Belgium, Bulgaria, Denmark, Finland, France, Greece, Ireland, Iceland, Italy, Liechtenstein, Luxembourg, Norway, The Netherlands, Portugal, United Kingdom, Sweden, Switzerland, Cyprus, Slovakia, Slovenia, Estonia, Hungary, Latvia, Lithuania, Malta, Poland Czech Republic and Romania you must obtain a Student Visa at the Spanish Embassy or Consulate placed in your country before travelling to Spain. And once you arrive in Spain and depending on the kind on visa you have, within 30 days period from your entry in Spain or in a Schengen country, you must regularize your condition, applying for the Student's Residence Permit.

The necessary forms and list of required documents to obtain the Student's Residence Permit can be collected from:

Oficina de Programas Internacionales de Intercambio

Building 3 C
*\frac{1}{2} www.opii.upv.es
opii@upvnet.upv.es

IF YOUR VISA HAS EXPIRED the above mentioned authorization cannot be obtained.

ALL STUDENTS NEED A STUDENT VISA EXCEPT STUDENTS FROM THE ABOVE MENTIONED COUNTRIES.

6.3 Useful Cards

The Universidad Politécnica de Valencia issues for ALL Students a Student Card, known as Carnet De Estudiante de la "Universidad Politécnica de Valencia", which allows the use of all the services and facilities of the "Universidad Politécnica de Valencia" under the same conditions as Spanish students. With this card, you can get discounts in many places such as cinemas and theatres, etc.

The Valencian government (Generalitat Valenciana), with the help of the IVAJ (Instituto Valenciano de la Juventud) offers to students under 26 the Carnet Jove (known in Europe as the Under 26 Card) it offers some discounts at cinemas, theatres, accommodation, shops, transportations such as metro and bus etc. It can be used in 28 European countries. It is valid for two years, a passport picture and a payment of 7.14 , are required. Your Carnet Jove can be issued at: BANCAIXA, la CAM, Caixa Ontinyent, Caixa Carlet, la Federació de Cooperatives de Crèdit Valencianes (caixes rurals), and at the IVAJ premises.

For more information:

[↑] www.euro26.org

In Valencia, you can obtain the Carnet Internacional de Estudiante - ISIC (International Student Identity Card- ISIC). This card offers you discounts in accommodation, entertainment events, museums, etc. With this card you can obtain a guide of discounts and services around the world, and about the conditions of the insurance you will obtain when you become an ISIC holder.

ISIC holder requirements:

Age: over 12 years.

Price: 6 €

Documents required:

One passport picture, ID card, and proof of the studies you are taking, for example a copy of your enrolment form, but must be valid for 1 year.

For further enquiries view: "\text{\text{\$\text{\$\text{\$\text{\$www.isic.org}\$}}}

6.4 Instituto Valenciano de la Juventud (IVAJ) (Valencian Institute for Youth People)

The IVAJ is run by the Valencian Government; it offers many services to Students such as:

- Advising and information to young people about entrepreneurship, housing, employment, etc.
- Cultural activities
- Cheap fares travel
- Issuing Youth Card (under 26)
- Cheap accommodation worldwide
- Medical Insurance for youth people
- Courses on different fields
- International Programs

The IVAJ is part of the worldwide youth centres network, it is located at:

Instituto Valenciano de la Juventud (IVAJ) C/ Hospital, 11 46001 Valencia © 012 • Fax: 963 869 904 www.ivaj.es ~ infoivaj@gva.es

6.5 Money matters

Spain is member of the European Monetary Union and its currency is the Euro (€).

Banks

Banks are usually opened in the morning, from Monday to Friday from 8.30 am to 2.30 pm. During Summer time (July and August) they are opened from 9.00 am to 2.00 pm, from Monday to Friday. On Vera Campus there are 3 banks located at the Ágora, and another one in the Building 6B, where you can change foreign currency.

6.6 Living costs

FOOD	IN THE CITY	IN THE CAMPUS
Coffee	0.90€	0.60€
Coca-Cola	1.50€	0.90€
Milk (1 glass)	0.90€	0.75€
Bread (1 French bread)	0.50€	
Menu	5.50-10.25€	3.40-5.00€
Sándwich	3.00€	1.50€

ENTERTAINMENT	PRICES
Magazines	1.80 - 3.60€
Newspapers	1.00€
Cinemas	5.60€
Museums	2.50€
Discotheques / clubs	10.00€

ı	MISCELLANEOUS	PRICES	
	Films for cameras	3.60€	
	Ice creams	1.20€	
	Batteries	2.40€	
	Soap	1.20€	
-1			

ACCOMMODATION	PRICES	
Flats with families	400€/month Full board	150€/month Only room
Flats with students Flats to rent	120 - 200€/month 350 - 450€/month	



6.7 Electricity

In Spain, electricity is distributed, by means of alternating current (AC), with a voltage of 220 volts and a frequency of 50 Hz.

6.8 Telephone calls

There are public phone boxes around the city and in the "Universidad Politécnica de Valencia" which you can use with phone-card or coins. Phone-cards can be bought in almost any tobacconist's (estancos).

There is a national information number which is 118 18 and another for international information that is 118 25.

For international calls from Spain you will have to dial the following codes:

- 00 (access to the international exchange: gives a higher tone)
- The code of the country you are phoning
- Local code
- The phone number you want to call

If you want to ring to Spain while abroad the *international code* is 34.

Reverse-charged calls are also possible. There are two ways of making this type of call:

- 1. Phoning directly to the operator of the country where you want to phone.
- 2. Phoning to the Spanish operator and ask for the reverse-charged call. This service is accessible dialling the 1009.

You can *reduce the price* of your phone calls by phoning between 8 pm. and 8 am.

6.9 Useful addresses and phone numbers

Universidad Politécnica de Valencia

Camino de Vera, s/n E - 46022 - Valencia (Spain) © (+34) 963 877 000 Telefax: (+34) 963 877 009 (International Code: +34)

 Medical Service
 963877407
 74070

 Lost Property office
 963877890
 79000

 Security Service
 963877405
 74053

City of Valencia

Emergency calls (hospital) © 112 Ambulances © 963 500 100

Red Cross Ambulances © 963 677 375

City Hall © 963 525 478

Firemen © 080

La Fe Hospital © 963 862 700

Virgen del Consuelo Hospital © 963 177 800

Red Cross © 913 354 545

Police Station © 062

Clínico Hospital © 963 862 600

General Hospital © 961 972 000

Toxicologia Helpline © 915 620 420

Local Police Station ? 092

National Police © 091

Other services

Airport © 961 598 500 Road aid © 900 123 505

Local Transports Company © 963 158 515

Bus Station © 963 466 266

Local Railway Company © 963 974 040 National Railway Company © 902 240 202

Valencian Government © 963 866 000

valencian Government © 963 866 000

Weather Forecast Service © 963 932 284

Road Information © 900 123 505

Taxi Service by phone © 963 571 313

Valencian Taxis © 963 703 333

Telefónica Services

Information (Province) 118 18 Time information 093

Local Weather Forecast 906 36 53 46

International Information 118 25

6.10 Consulates and Embassies

CONSULADO DE ALEMANIA

Av. Marqués de Sotelo, 3 - 6° - 13 46002 - Valencia © (+34) 963 106 253

CONSULADO DE AUSTRIA

Convento Santa Clara, 10-3^a 46002 Valencia © (+34) 963 522 212 Fax (+34) 963 511 220

CONSULADO DE BÉLGICA

G.V. Ramón y Cajal, 33 - 1 46007 Valencia © (+34) 963 802 909 Fax (+34) 963 800 386

CONSULADO DE BRASIL

Pol. Ind. Fuente del Jarro Apdo. Correos 101 46088 Paterna (Valencia) © (+34) 961 340 012 Fax (+34) 961 340 407

CONSULADO DE CHILE

Marqués de Sotelo 4 - 5 46002 Valencia © (+34) 963 521 544 Fax (+34) 963 942 223

CONSULADO DE COLOMBIA

Cronista Carreres, 9- 1 B 46003 Valencia © (+34) 963 533 549 Fax (+34) 963 517 417

CONSULADO DE DINAMARCA

Serrano Morales 5- 1- 2 46004 Valencia © (+34) 963 332 922

CONSULADO DE EE.UU.

Doctor Romagosa 1- 2 J 46003 Valencia © (+34) 963 516 973 Fax (+34) 963 529 565

CONSULADO DE FINLANDIA

Guillem de Castro 81- 11 46002 Valencia © (+34) 963 541 160 Fax (+34) 963 922 704

CONSULADO DE FRANCIA

Cronista Carreres, 11 - 1° D 46003 Valencia © (+34) 963 510 359 Fax (+34) 963 527 146

CONSULADO DE GRAN BRETAÑA

Colón, 22 - 5 H 46004 Valencia © (+34) 963 520 710 Fax (+34) 963 521 665

CONSULADO DE ITALIA

Avda. del Puerto, 310 - 2° 46024 Valencia © (+34) 963 310 502 Fax (+34) 963 307 877

CONSULADO DE JAPÓN

Avda. Diagonal, 662-664, 3ª Ed. Banca Catalana 08034 - Barcelona © (+34) 932 803 433

CONSULADO DE MÉXICO

Avda. Marqués de Sotelo, 5 (Pasaje Rex) 46002 Valencia © (+34) 963 427 616

CONSULADO DE NORUEGA

Avda. del Puerto, 312 46024 Valencia © (+34) 963 310 887 Fax (+34) 963 310 887

CONSULADO DE PAÍSES BAJOS

G.V. Germanias, 18 - 18° 46006 Valencia © (+34) 963 414 633 Fax (34) 963 807 988

CONSULADO DE PERÚ

Játiva, 10 - 3° C 46002 Valencia © (+34) 963 515 927 Fax (+34) 963 515 927

CONSULADO DE POLONIA

Avda. Cortes Valencianas 35 1° - 2ª 46015 Valencia © (+34) 963 580 002 Fax (+34) 963 580 168

CONSULADO DE SUECIA

Porta de la Mar, 4- 3ª 46004 Valencia © (+34) 963 940 375 Fax (+34) 963 940 376

CONSULADO DE SUIZA

Cronista Carreres, 9 - 7° I 46003 Valencia © (+34) 963 518 816

CONSULADO DE TURQUÍA

Jesús, 30 - 9ª 46007 Valencia © (+34) 963 856 470

EMBAJADA DE ARGENTINA

Pedro de Valdivia n° 21 28006 - Madrid © (+34) 915 622 800

EMBAJADA DE AUSTRALIA

Plaza Descubridor Diego de Ordas, 3 - 2 Edificio Santa Engracia 120 28003 - Madrid © (+34) 914 419 300

EMBAJADA DE CANADÁ

Calle Núñez de Balboa, 35 28001- Madrid © (+34) 914 233 250

EMBAJADA DE GRECIA

Avda. Dr. Arce, 24 28071 - Madrid © (+34) 915 644 653

EMBAJADA DE MÉXICO

Carrera de San Jerónimo, 46 28014 - Madrid © (+34) 913 692 814



oto cedida por *turisvalenc*

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