

# VIRTUAL WELCOME SESSION EXCHANGE STUDENTS 2020-2021



Oficina de Programas Internacionales de Intercambio (OPII)



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Francisco J. MORA MAS, Rector

(In Spanish, subtitles available in the icon in the lower right corner)



Juan Miguel MARTÍNEZ RUBIO, Head of Rector's Office, Erasmus+ Institutional Coordinador

(In Spanish, subtitles available in the icon in the lower right corner)



### UPV PRESENTATION GENERAL INSTRUCTIONS

We present UPV as a very active university in exchange programmes, as well as our structure of International Relations.

We briefly explain the general procedure for enrolment and registration, what the Immigration Support Office can do for you, our Spanish courses, medical assistance, UPV apps and some other computer / online resources.



María BOQUERA MATARREDONA, Heaf of the Division for Academic Exchange

(First 2 minutes of video in Spanish, then in English; subtitles available in the icon on the lower right corner); download presentation HERE

Further information available on the website of Oficina de Programas Internacionales de Intercambio (OPII), which is the central Student Exchange Office in the campus in Valencia, as well as in section "International" or "Exchange" in the website of your host UPV School / Faculty.

Website of the Immigration Support Office

#### HYGIENIC MASK AND BASIC INFORMATION

- In this moment, <u>it is obligatory to wear a hygienic mask</u> <u>in any public or shared space in Spain</u> (on the street, on public transport, in shops, on campus, in classrooms and laboratories, etc.). You may only remove your mask for very specific situtations:
  - a. To eat to drink
  - b. To practice individual sports
  - c. If you suffer from a respiratory condition
  - d. At home or inside a car, only of you are with people that you live with on a regular basis
- Always keep a security distance of at least 1,5ms with other people and wash your hands frequently (we recommend you always carry with you a bottle of handsanitizing gel)
- <u>Behave responsively.</u> Young people can become infected with COVID-19 and display very few symptoms or none at all, but they can easily pass on the virus to more vulnerable people.

You can find all the UPV official information and recommendations about COVID-19 in this link

You can find all the UPV information and recommendations about COVID-19 for exchange students in this link

#### HOW TO CONTACT YOUR UPV INTERNACIONAL OFFICE

In the academic year 2020-2021 International Relations Offices (actually all university offices) will greatly limit physical contact with students. Communication will take place primarily via email, telephone or videoconferece (<a href="Teams application by Microsoft">Teams application by Microsoft</a>, ZOOM, etc.)

Each UPV School / Faculty has its own specific situation based on its circumstances of staff, physical space in the office, space distribution, number of incomig students, etc. Check with the <u>International Relaciones Office in your host School/Faculty</u> how they will be operating. We suggest you do not go to the office in person without asking first how they will be handling face-to-face contact. As a rule, physical contact is very limited (access only by appointment or in a very restricted way)

### **Teaching organisation**

In most UPV degree programmes, our university will try to maintain as much face-to-face teaching as possible. There are some differences between Schools and it also depends on each degree.

Should the sanitary situation become more complicated at some point and in the event of a temporary lockdown and home confinement in the city of Valencia, Gandía or Alcoy, our university and teaching staff are ready to move to a fully online teaching system until necessary.

In this presentation, we explain how to reach Valencia, Alcoi and Gandía, the public transport network in the 3 cities and the companies offering schemes for shared bikes or scooters. Finally, we offer you some tips and advice about road safety, specially when cycling.





Download presentation **HERE** 



Download presentation **HERE** 

## CULTURE, FESTIVALS FOOD, SOCIETY, LANGUAGES

In this presentation, we explain the most relevant and representative days of the calendar and festivals in the city of Valencia, Gandia and Alcoy.

We also present the typical dishes, food and eating habits in Spain, timetables and customs, information about family life, greetings and interpersonal contact.

Finally, we speak briefly about the languages of Spain and the Valencia Region.



**Download presentation HERE** 

### CENTER FOR LANGUAGES AMERICAN SPACE

In this video, we present our Center for Languages and the UPV American Space as great places to improve and practice your language skills.

The Center for Languages offers semester-based courses in several languages. It is an official test center for language accreditation exams: English, French, German or Spanish (DELE).

The UPV American Space organizes a lot of interesting and fun activities about the culture and society of the USE, all of them in English.



(First 2 minutes in Spanish, then in English; subtitles available in the icon in the lower right corner)

### Download presentation **HERE**

Further information on the <u>official website of the</u>
<u>Center for Languages</u>, on the website of <u>American</u>
<u>Space Valencia</u> or on their <u>Facebook page</u>



The largest student association in Europe (over 400 local sections)

Interdisciplinary and non-profit based

Goal: to support and develop student mobility and to generate intercultural experiences

Main motto: "Students helping students"

- Cultural and sport activities, visits, daytrips, etc.
- Language exchange (tandem)
- Volunteering projets (social / with animals)
- Support and orientation (housing, life in Spain)
- Sports equipment for rent
- Parties .... and much more

Desk in Valencia inside "Casa del Alumno" (building 4K, 1st floor)

Follow ESN UPV on social media to keep up to date about their activities or to contac them:

https://esnvalenciaupv.es/



The Students' Union is the team of students who represent all their UPV co-students. They spread information and news, defend student rights and organize multiple activities.

In addition to the central student representatives (*Delegación Central de Alumnos*), each UPV School / Faculty has its own branch office (Delegación de Alumnos). <u>Visit their social media to find out about activities in your host School / Faculty</u>.



### CASA DEL ALUMNO / CASA DEL ALUMNE

(campus de Vera, Valencia, building 4K). Official website Casa del Alumno

Space administered by UPV students, with facilities for relaxing, eating, having fun, study rooms, classrooms for workshops and courses, cultural activities or student associations...

During exam periods, the building has special extended opening hours at night to allow students to use study rooms.



Click on the image to access the website

Available in your appstore and on <a href="https://apps.upv.es">https://apps.upv.es</a>

We particulaly recommend the following ones:



### **POLIEXCHANGE**

The app for exchange students



### **ALUMNADO UPV**

Check your official grades (marks), read news or notices from your host School/ Faculty, search for classrooms, laboratories or offices on the campus map



### **MENÚS**

Check the daily menus of UPV cafeterías and restaurants





### ACCESS TO YOUR PERSONAL INTRANET + "AIRE" ONLINE PORTAL

You will need:

- •**UPV identification** (sometimes we call it "DNI" = *Documento Nacional de Identidad*).
- •PIN: secret personal code (4 digits)

You received these details in an automatic email when our International Services accepted your request to start an online application on our website (AIRE portal). The automatic email comes from the sender "noresponda@upv.es" with the subject "INTERNATIONAL UPV".

Direct access to the AIRE portal: <a href="https://aplicat.upv.es/aire-app">https://aplicat.upv.es/aire-app</a> (also from <a href="www.upv.es">www.upv.es</a> > sign in / iniciar sesión > intranet > "Relaciones Internacionales y Cooperación" > AIRE , in the bottom left option of the menu).



### **ACCESS TO UPV COMPUTERS**

You will need:

- •User name of the domain ALUMNO (*login*): your international Office will provide it (in person, by email or uploading it on the AIRE portal).
- •Password (password): you must creat this password yourself on your UPV personal intanet following the instructions available in this link



You will be able to connect to the network "UPVNET". In order to log in, you will need the 4 things explained above: UPV identification-DNI / PIN number / user name (login) / password.

Follow the instructions that you will find in this link:



### Poliforma-T

Platform for the exchange of information and teaching material between students and teaching staff (access from the UPV personal intranet).



### **Email UPV**

You may access from your UPV personal intranet or directly via https://webmail.upv.es

Servico de deportes Vera Servico de deportes Gandia Servico de deportes Alcoy

UPV sports Services offer you excellent facilities in our 3 campuses. You can practice over 70 different sports, attend classes and courses, join competitions or use the facilities on your own. Click on any of the images above to access the full information for your campus.

In order to use all UPV sport facilities (except the indoors swimming pool in the Valencia campus), or to attend sports courses or classes, you have to register as a user and become a member through the UPV personal intranet (<u>instructions here</u>). Prices 2020-21 for UPV students: 35€ for the 1<sup>st</sup> semester, 45€ for the 2<sup>nd</sup> semester, 65€ for the full academic year, 20€ for a 30-day membership.

If you want to use a sports field / court just once (tennis, paddel,, beach-volley, baloncesto, football...) to play with friends, you must make a reservation from the UPV personal intranet or with the UPV app "Deportes Reserva". If you are not a member of the Sports Service, you may pay the reservation fee with a credit card.



Sports Service apps: <a href="https://apps.upv.es">https://apps.upv.es</a>

Gratis

Deportes

\*\*\*\*

ASIC

Actividades













