

# Plant-derived exosome vesicles from fruits as novel functional ingredients: Development of a scalable process for their isolation and application

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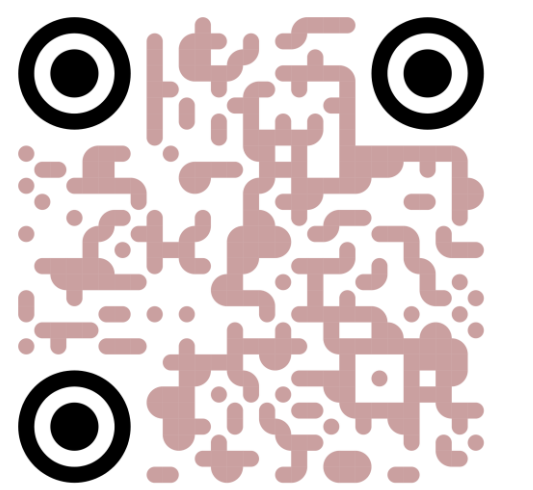
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## Background:

- Plant-derived exosome vesicles (PEVs) exert bioactive activities not fully elucidated similar to human exosomes.
- Common fruits and vegetables are sources of PEVs.
- PEVs isolation is limited by ultracentrifugation (time-consuming and instrument-dependent), reducing their application.
- There is a need for a rapid and practical method for PEVs isolation.

## General aim:

- To develop a scalable process for the isolation of PEVs.

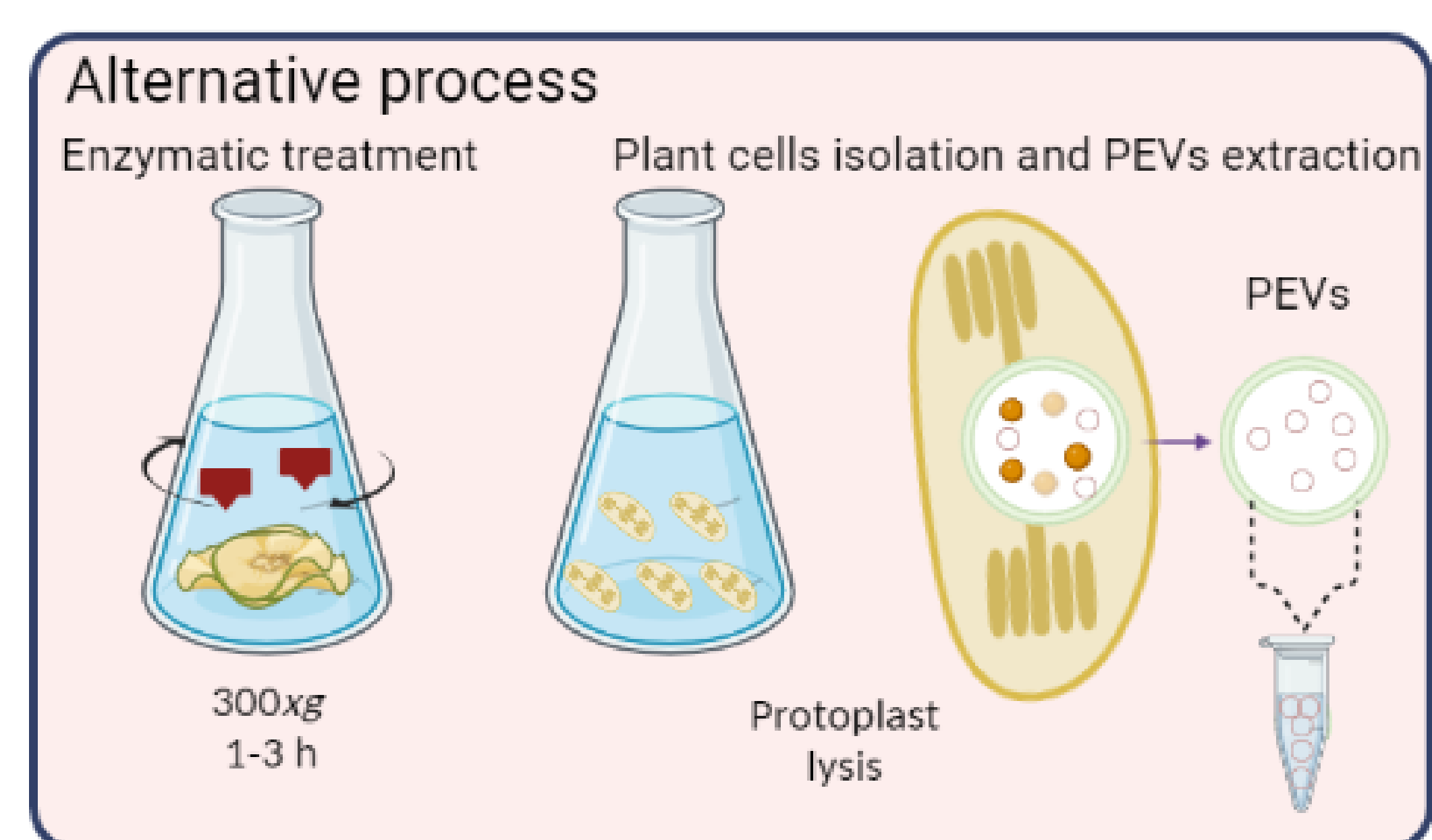
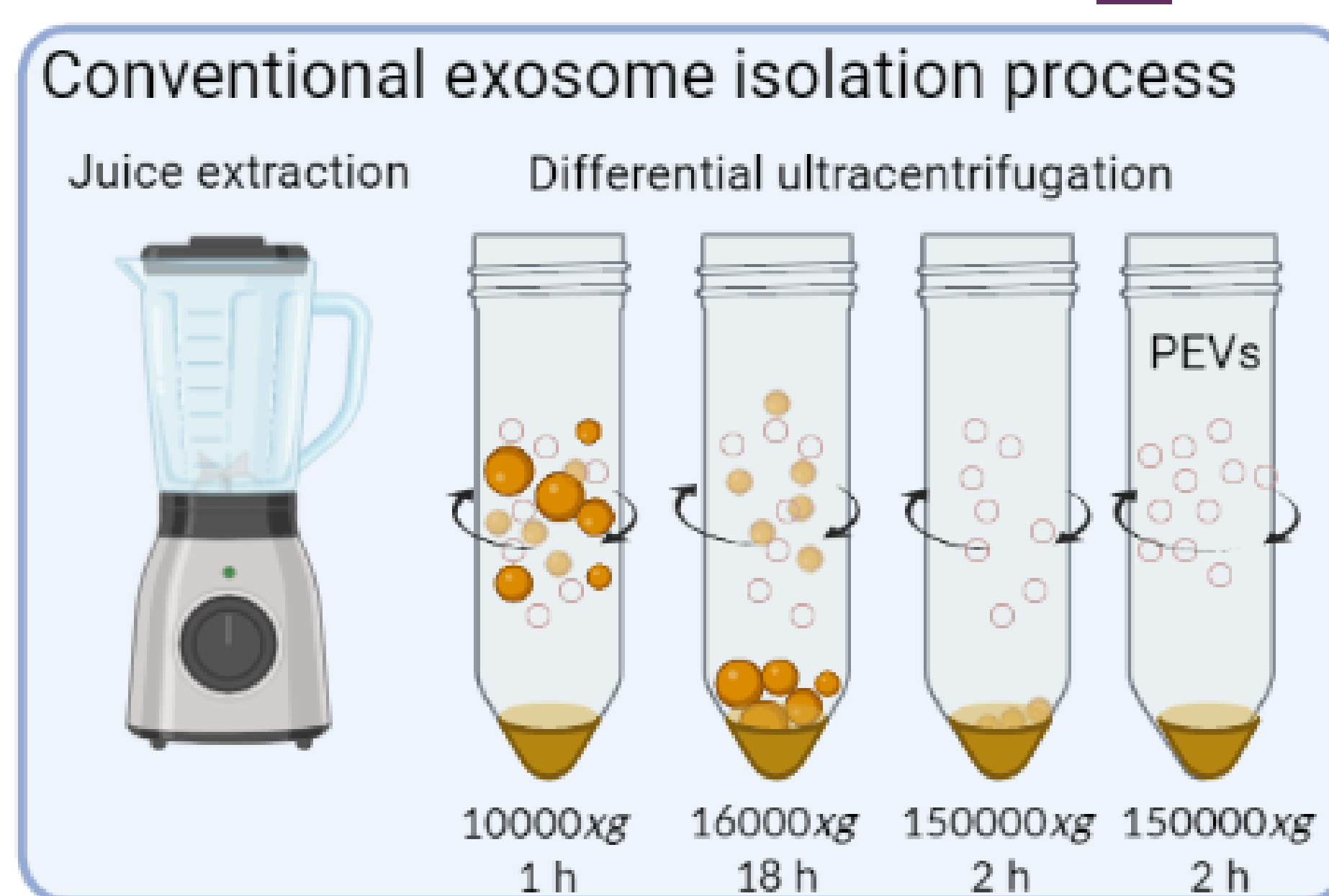
## Specific aims:

- To develop an alternative method for the isolation of PEVs.
- To characterize PEVs from conventional and alternative methods.
- To assess the biological potential of PEVs in human cells as biocargoes and functional ingredients.
- To optimize the conditions of the alternative method for PEVs isolation.

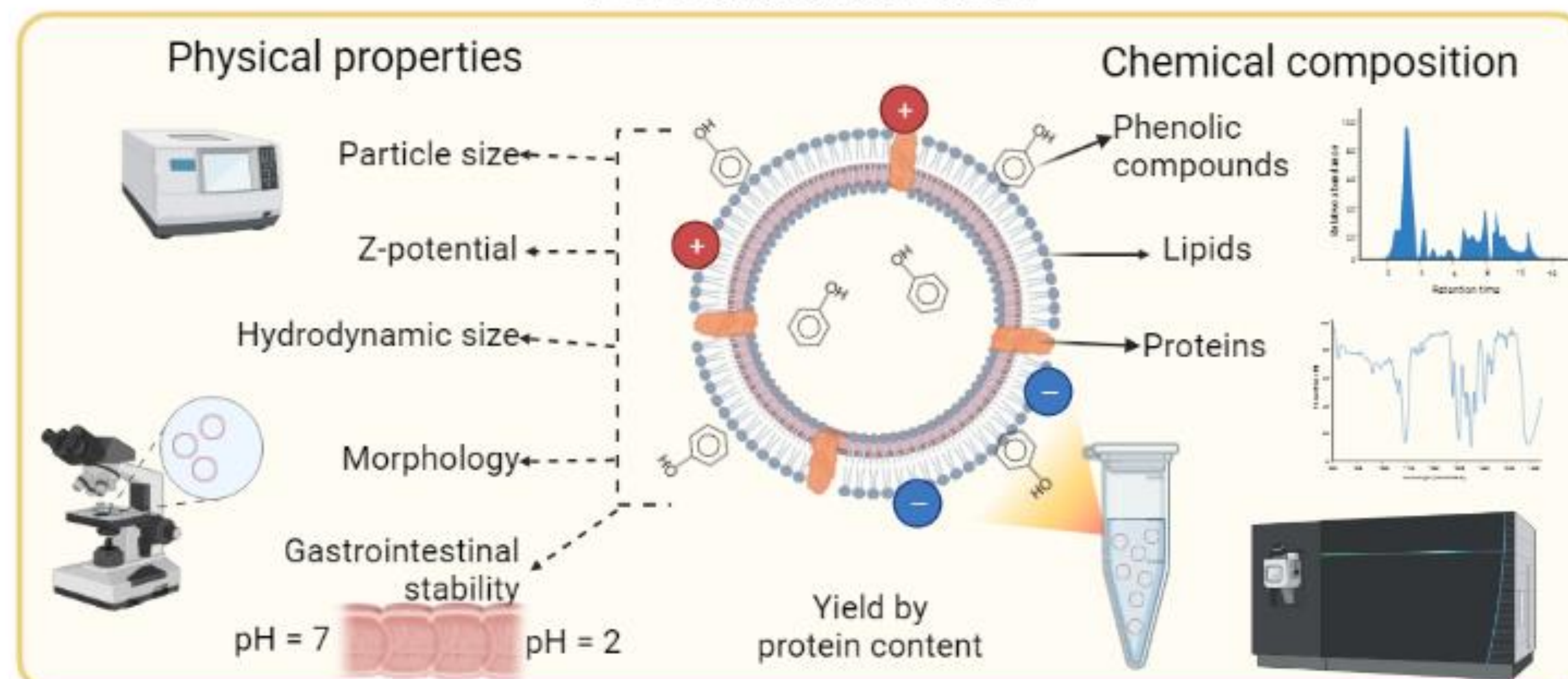
## Main stages of the research



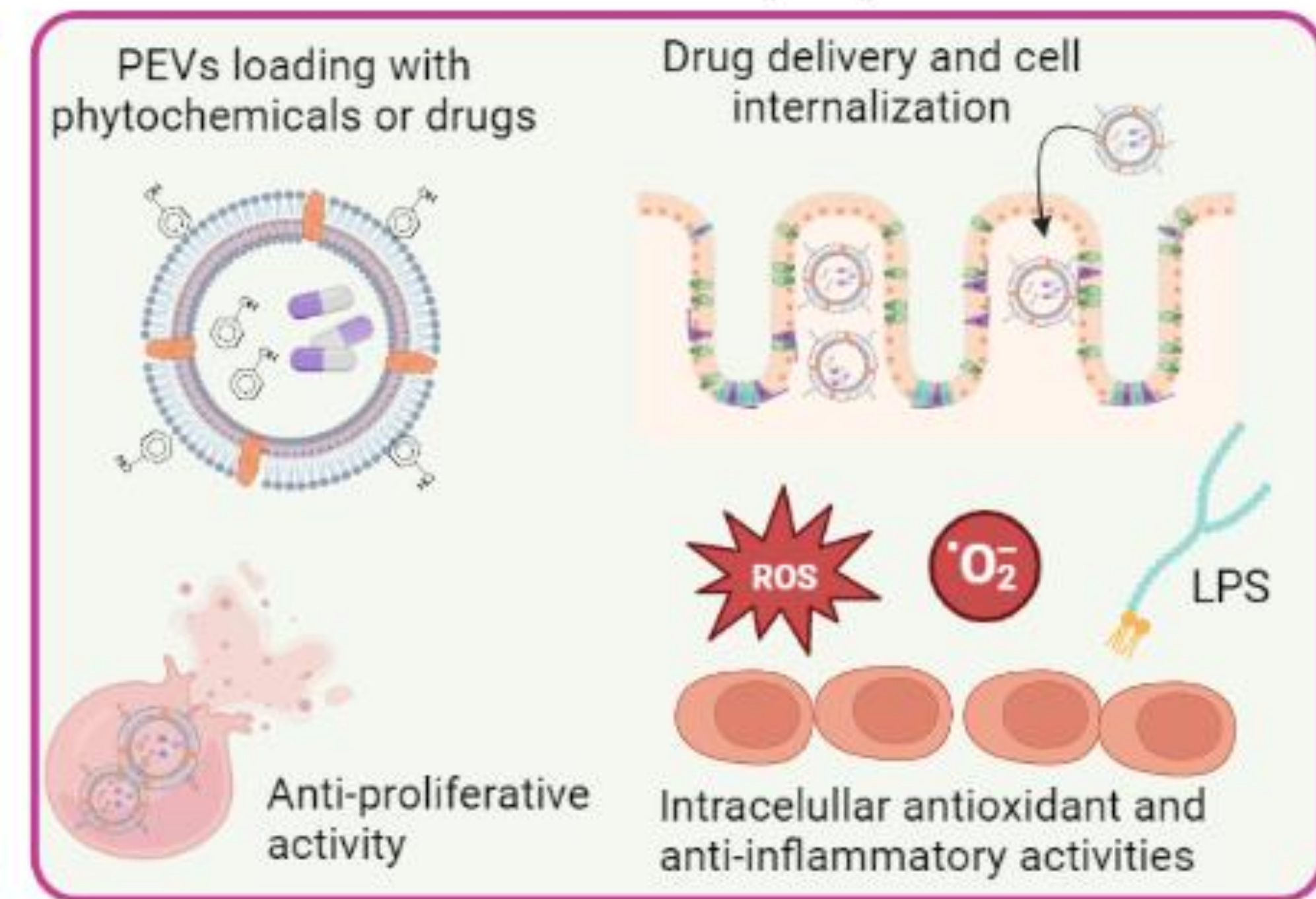
Raw material:  
Pomegranate (PoEVs),  
persimmon (PeEVs)  
and lemon (LEVs)



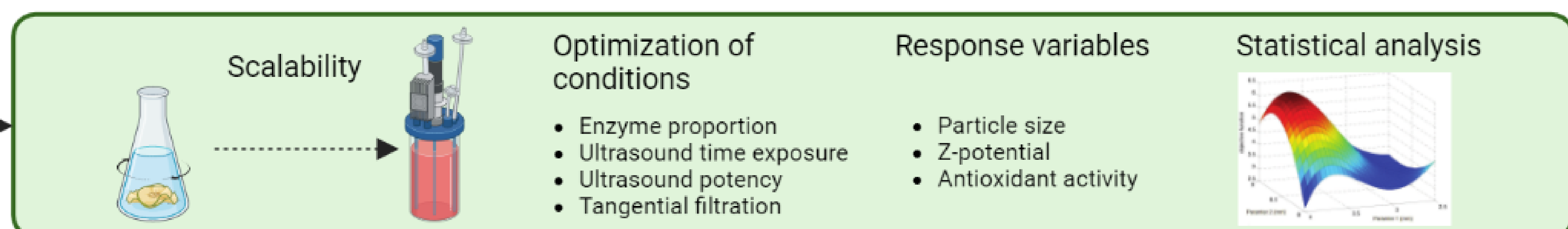
## 2 PEVs characterization



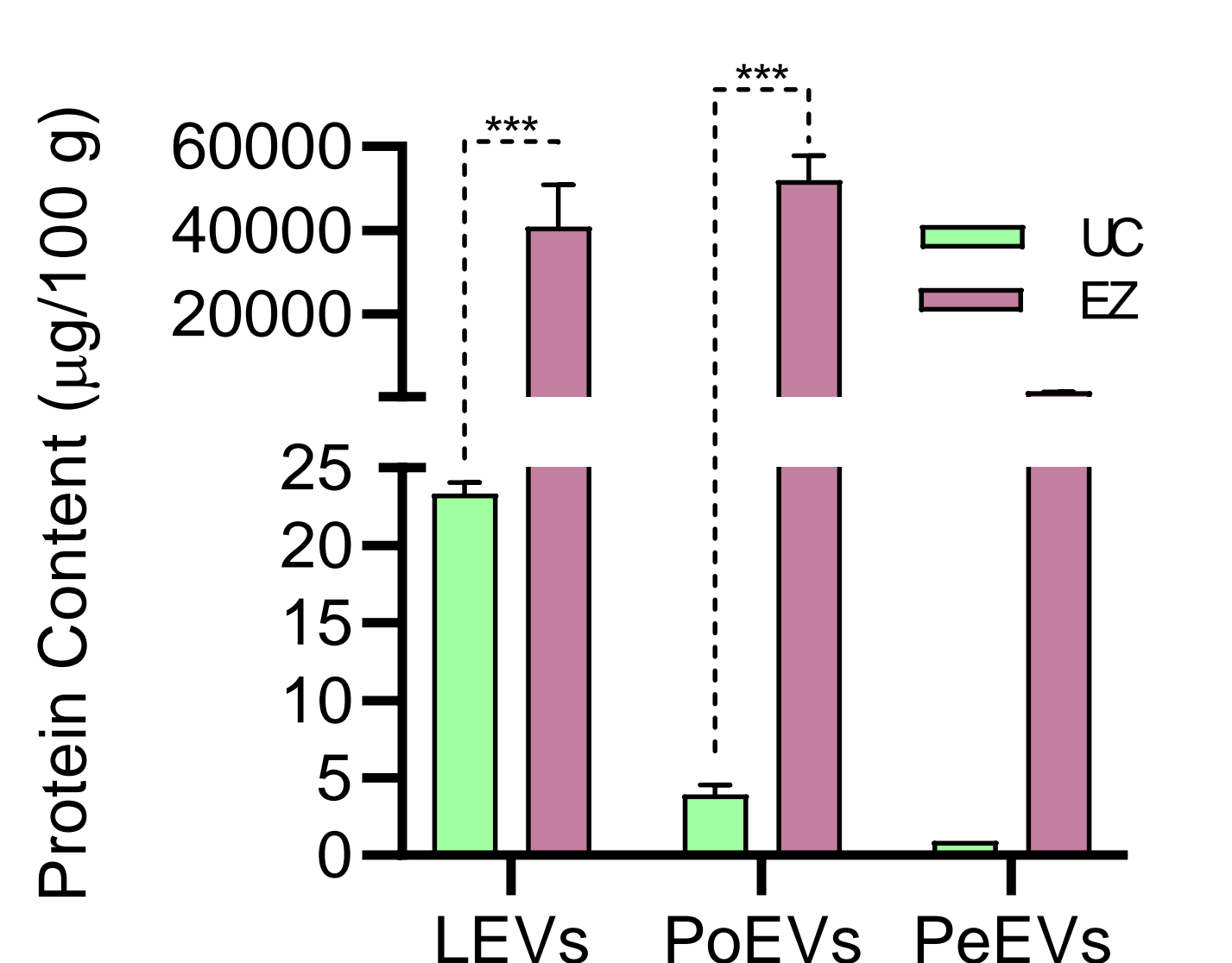
## 3 PEVs functional properties



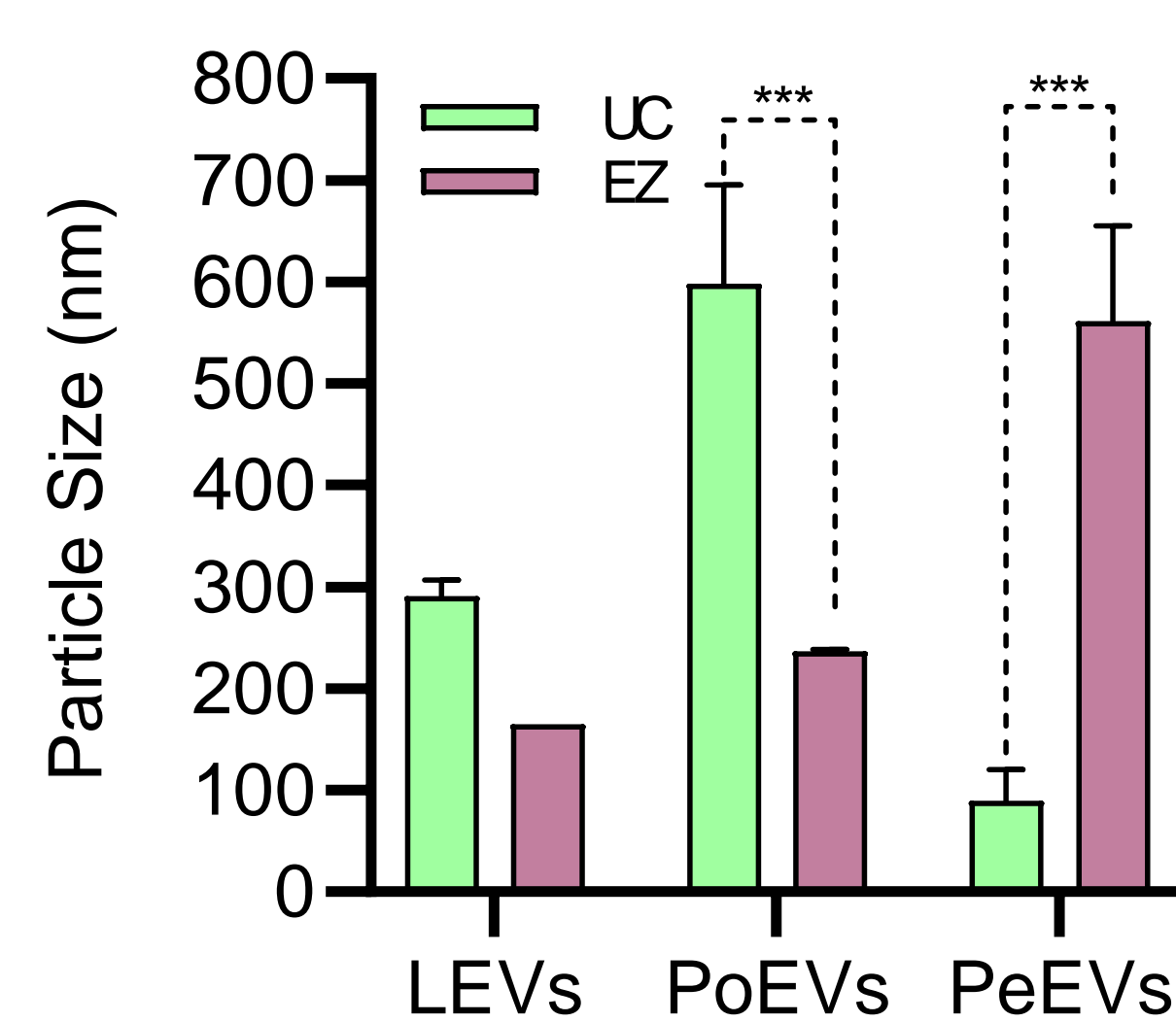
## 4 Optimization of PEVs isolation



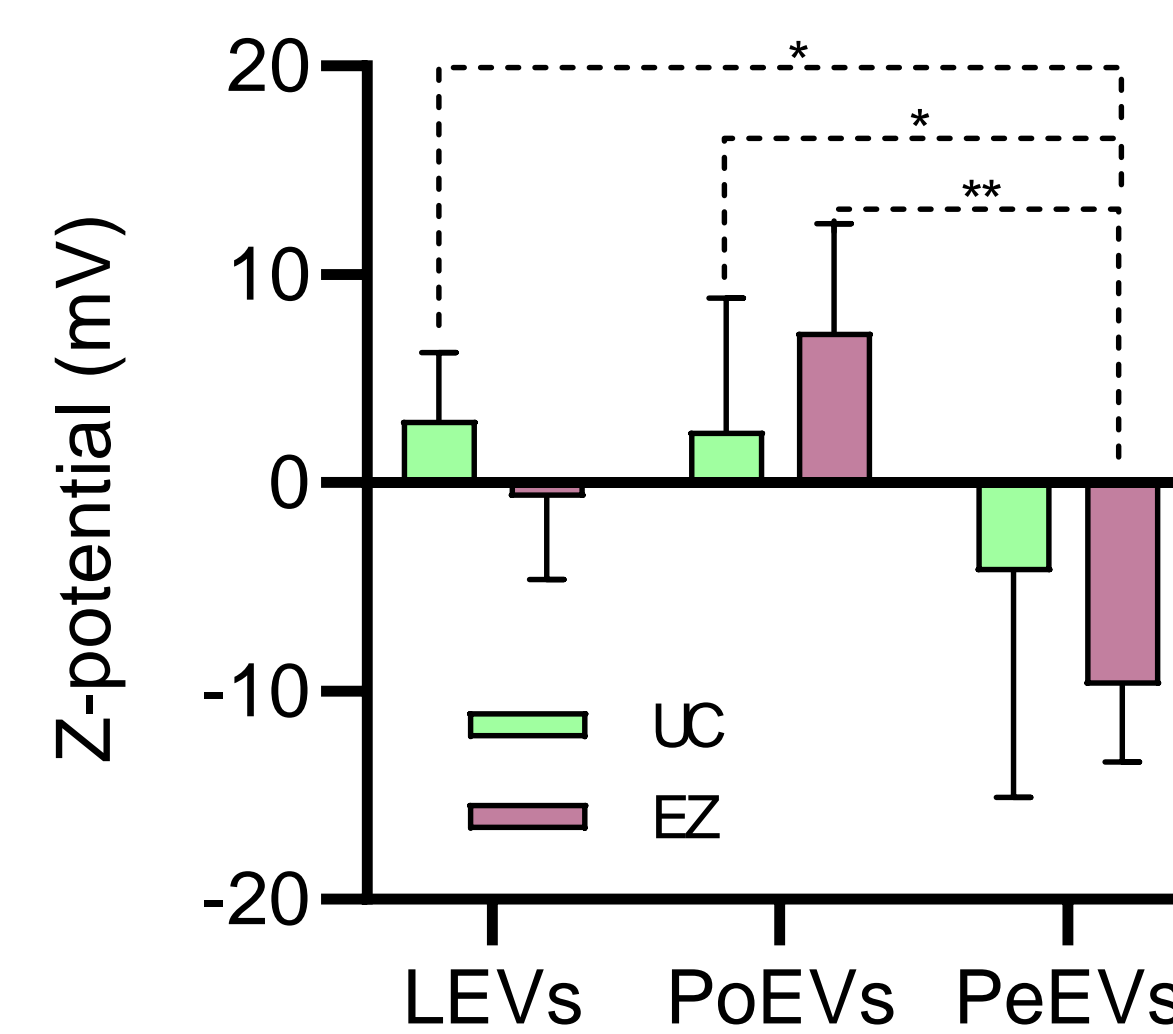
## Results obtained so far



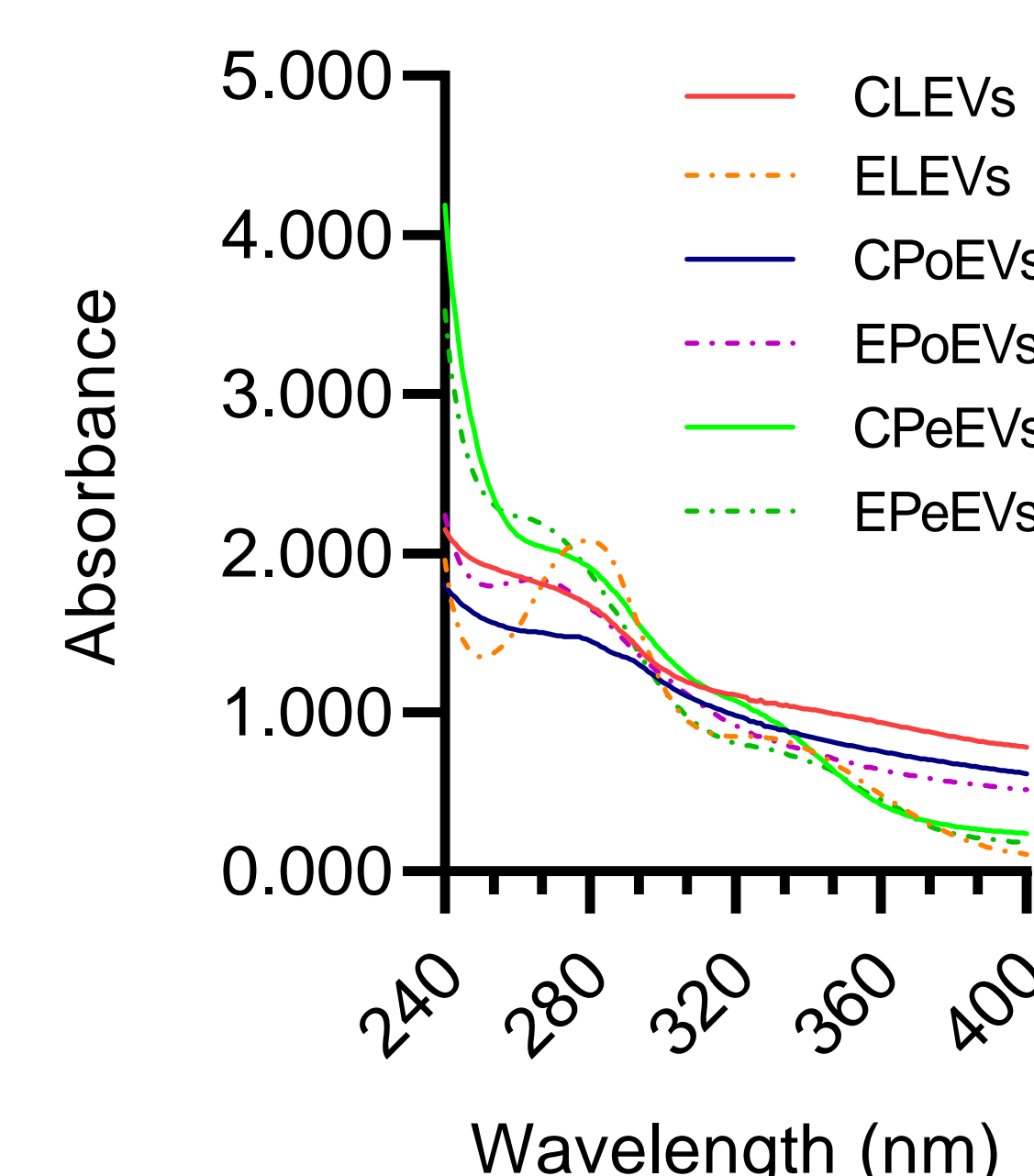
**Figure 1.** PEVs yield production by ultracentrifugation (UC) and enzymatic (EZ) processes, by protein content. \*\*\* $p < 0.001$ ,  $t$ -student test.



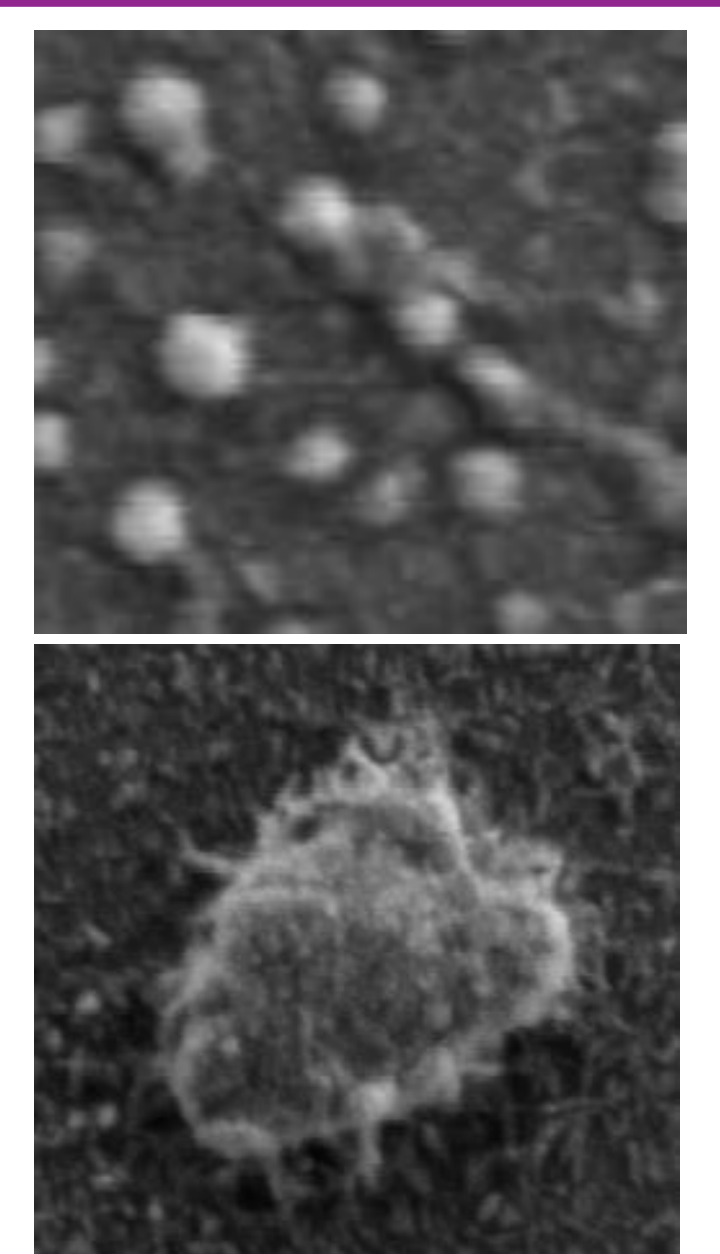
**Figure 2.** PEVs size obtained by ultracentrifugation (UC) and enzymatic (EZ) processes, by dynamic light analysis (DLS). \*\*\* $p < 0.001$ ,  $t$ -student test.



**Figure 3.** PEVs Z-potential obtained by ultracentrifugation (UC) and enzymatic (EZ) processes. \*\*\* $p < 0.001$ , ANOVA with Tukey's post hoc test.



**Figure 4.** UV-vis spectra of PEVs.



**Figure 5.** SEM micrographs of LEVs obtained by enzyme treatment from far (upper, 200 nm) and close (below, 50 nm).

## Potential applications:

- Nanovehicles of functional phytochemicals such as phenolics as well as exogenous proteins.
- Functional ingredients for nutraceutical and cosmetic products.
- A scalable process to isolate PEVs facilitating their application.

## Relevant literature:

- [10.3390/antiox12040943](https://doi.org/10.3390/antiox12040943)
- [10.1038/mt.2013.190](https://doi.org/10.1038/mt.2013.190)
- [10.2174/1389201019666181017115755](https://doi.org/10.2174/1389201019666181017115755)